Disseminating Information in a Digital Era

After Degree, What Next? (Pg. 23)

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OPINION & ANALYSIS

A recap of the Disability Awareness Day’s events, Discontinuation, and a word with the KU TV and KU Radio Crew

MENTAL HEALTH AWARENESS

Read all about mental health including real life stories, and features

FASHION

“RESHAPE YOUR LIFE WITH FASHION TO CREATE A REMARKABLE YOU”

GALLERY

Chief Scouts Awards by His Excellency President Uhuru Kenyatta

CAMPUS LIFE

Stay up to date with current events around campus, news, features and interesting emerging trends on entrepreneurship

ARTS & SOCIAL

Women on the rise, arts, social, gallery and all about fashion
“I take this distinct pleasure to introduce to you the first of its kind, the Campanile e-Magazine. It is educative, informative and entertaining.

“Enjoy the read!”

FRED CHANGULO
MANAGING EDITOR
SECRETARY GENERAL,
KUSA
Meet our Vice Chancellor

The Campanile is a student-based magazine produced annually by the Kenyatta University Student Association. The magazine aims at providing useful information to the student body. This year’s magazine is both educative and entertaining. It is also good to note that the magazine has migrated from the traditional printing to the online platform where students will access it through the university and KUSA websites. This will indeed ensure that the magazine is accessible to the large population of our students. This transformation will also help the students to appreciate the digital platforms that the university provides. I wish to congratulate the team that worked so hard to produce the magazine. It is a job well done. I now urge all the students to acquire the magazine on various platforms such as the website and the KUSA social media handles.

Professor Paul K. Wainaina
The Vice-Chancellor, Kenyatta University
How long have you been in the directorate?

I have been the Director Student Affairs for the last one year. Prior to my appointment I had also served as the Deputy Director in this directorate.

What can you say about KUSA so far?

For the last one year that I have been here, it has been very interesting to work with student leaders and students in general. I find that the current KUSA leadership is very mature and issue oriented. It is a group of leaders you can count on. I am actually very happy to note that they have made my work very easy.

What was your expectation immediately after your appointment?

Before I rose to leadership, I thought I was going to have many problems working with the student leadership. Surprisingly for the time I have worked with them I have come to learn that they’re people who need to be listened and guided. I have actually realized that they too listen very well.

One year is long enough to give a vivid description of student leaders. What do you have to say?

What I have noted is that KUSA leaders should be given their space and respect. Because of these two, my working relationship with them has been good allowing me to achieve my objectives in the directorate.

It is commonly understood that you are the link between students and the university management. What can you say is the opinion of management towards the student leadership?

The university management has assured me that it will go out of its way and indeed it has made deliberate efforts for the last one year to support student leaders.

In your opinion, is KUSA satisfactorily delivering its mandate?

Yes, I strongly believe so. There are a number of projects that KUSA leadership has and wants to roll out. This projects and activities will ensure that the students are engaged throughout this semester and even next semester until their term comes to an end around December this year.

Your last words to student leaders and student fraternity in general.

I look forward to working closely with this group and support them until they achieve all their targets. I will walk with KUSA leadership, give them necessary support and be the link between them and the management. I must submit that there would be challenges but the directorate is ready and willing to engage each other such that we significantly reduce the unnecessary strive between the management and the student leadership.
The SGC Members interact with the comrades minutes after their swearing in.
WHO IS JOSHUA AYIKA?

Ayika is a fourth year student in the School of Law. He serves as the second chairperson; KUSA after the amendment of the University act 2017 which saw a change in the student governing body.

WHAT HAS BEEN YOUR EXPERIENCE IN KUSA SO FAR?

I have gained so much exposure especially in dealing with the corporate world that has not only impacted my leadership style but also has built my networks and personality so to speak. Through my position I was able to take some of the sport students to Burundi for two weeks. This was a great experience to me as a mentor and a leader.

I have been able to create linkages with different institutions, organizations, companies and other corporate bodies that I believe will see so many students get attachments or internships during their holidays and some may as well get permanent jobs.

SOME OF YOUR ACHIEVEMENTS SO FAR?

Within the first 20 working days, I was able to push for the issue of students ID, which had taken quite some time.

I have mentored so many students through organizing various programmes within the University.

I have led a campaign against Drugs and Substance abuse within the University as this is a vice that has great effect to human life.

WHO HAS BEEN YOUR SUPPORT SYSTEM?

My mum has been my greatest support. She’s my mentor both politically, spiritually, socially and in many other aspects of life.

WHO DO YOU LOOK UPTO?

Senior counsel senator James Orengo has been my mentor both politically and in my career.

WHAT ARE YOUR HOBBIES?

My hobbies include mentoring people, travelling, reading and gaming

WHAT’S YOUR FAVORITE SPORT?

I play football and fancy watching rugby matches.

YOUR FUTURE AMBITIONS?

I will be vying for the president of FKF next year.
The New Students Governing Council

From Bottom Left
Polycarp Gichana - The Organizing Secretary; Ayika Joshua - The Chairman; Aisha Said Ibrahim - The Gender and Special Needs Secretary

From Top Left
Fred Changulo - The Secretary General; Rose Kipkorir - The Academic Secretary; Abidiaziz Boru - The Finance Secretary; Lily Mwangi - The Vice Chair
Kenyatta University holds a unique identity as an institution committed to the generation and dissemination of knowledge for the welfare of the society. This is more so where such undertakings involve the welfare of persons with disabilities. The institution, guided by inclusivity as a core value, has over the years worked to give greater visibility both to persons with disability as well as issues that affect them. This is based on the awareness that such persons need to be actively engaged in University activities if the true meaning of inclusion is to be realized.

Kenyatta University has been robustly implementing its 2014 Disability Policy and Procedures which is anchored by local and international instruments that address issues related to Persons with Disabilities.

These include The 1975 UN Declaration on the Rights of Persons with Disabilities, The Kenya Persons with Disabilities Act (2003), the United Nations Convention on the Rights of Persons with Disabilities (2008), and the Constitution of Kenya (2010) among others. The common thread running through these laws and treaties is the idea that a fair and more equitable society can be created by empowering persons with disabilities to participate in the everyday life of their communities; safeguards have been built into these regulations to protect these individuals from discrimination on the basis of disability.

On its part, Kenyatta University has sought to create an inclusive community into which not only are students with diverse disabilities admitted but also the employment of persons with disabilities across all levels of staffing has become a priority within the principle of equal opportunities. Crucially, such individuals can be seen playing visible roles within the University.

Equitability is the key value upon which the Directorate of Disability Services was launched on 26 February 2010 during the inaugural Kenyatta University Disability Awareness Day. The Directorate’s is to mainstream disability within all operations of the university in order to ensure the full participation of students and staff with disabilities in all aspects of the Kenyatta University experience.

One of the Directorate’s main objectives involves creating awareness among the University community about issues and needs of persons with disabilities. And thus, as has become Kenyatta University’s culture, preparations are underway for the 10th Disability awareness Day to be held on Saturday 16th February 2019.

Our main agenda for the day will involve celebrating the milestones that have been achieved by the University towards the creation of an equitable society in line with the 2018 United Nations International Day of Persons with Disabilities (IDPD) theme ‘empowering persons with disabilities and ensuring inclusiveness and equality’.

As part of activities building up to the Disability Awareness Day the Directorate will hold an Adapted Disability Sports day a week prior to the day.

Dr Mbugua Wa Mungai
Director Directorate of Disability Services.
Wellness is a loaded concept. Consequently, it is difficult to have a common definition that would be acceptable by all people. However, Kenyatta University Wellness and Rehabilitation Centre (KUWRC) conceives the term “Wellness” as a description of an individual's state of dynamic health lifestyle that enables him/her realize his/her fullest potential and productivity. It is evidenced by quality of life and a sense of wellbeing. Kenyatta University Wellness Centre adapts both proactive/preventive and reactive/curative approaches in their health related programs.

The programs target the staff members, students and neighboring communities. Two programs are fully functional currently. These include: Psychological Counseling and Alcohol and Drug Abuse.

The Directorate performs various activities;

**Programs offered by the Directorate**

- Individual and Group Counseling
  - Training Programs (ToTs)
  - Career Guidance and Academic Counseling
  - Networking and Creating Partnerships with Health related Organizations
  - Campaigns against Alcohol and Drug Abuse and HIV and AIDs
  - Preventive Programs against the HIV and AIDs and Alcohol and Drug Abuse through Seminars

- Services offered to both Staff and Students
  - Counseling on various issues

- Psychological
- Drug Abuse
- Relationship
- Academics

**HIV Testing and Counseling**

This is done at our clinic at Ghana IV and during specific activities like HIV Testing week and HIV and AIDs day.

**Reproductive Health Services**

This is also done at Ghana 4 clinic

**Opportunities Open for the Students at the Directorate**

- Training of Trainers (ToTs):
  - Students from all programs can enroll for training at the Directorate on Alcohol and Drug Abuse and HIV and AIDs topics and get certificates. The trainings equip the participants with knowledge and this enables them to detect and address the issues with their comrades within the campuses and outside world

**KUSACO CLUB**

Students of all programs can register with this club which is housed at the directorate and this enables them to participate in the activities organized by the directorate.

**Seminars and Talks**

Students can learn from the seminars and talks organized by the directorate on healthy living among others

**Curative and Preventative Measures taken to handle Sexual Health Issues among Students.**

**Campaigns/Seminars**

The directorate has conducted various campaigns through seminars and talks to students on various occasions and venues geared towards increasing knowledge on issues of sexuality, HIV and AIDs and Alcohol and Drug Abuse.

**HIV and AIDs and Anti-Drug Campaign Week**

The directorate organizes the above said events annually to increase knowledge and create awareness on the above said. During the said events, there is Testing and also treatment.

**Training of Trainers (ToTs)**

The Directorate Train Students who help in creating awareness on the issues of Drugs and HIV among their peers. They also serve as ambassadors to campaign against the two.

**Establishment of Ghana 4**

The Ghana 4 students can access all the reproductive health services which include Testing, treatment and counseling for free.

**Key Successes**

- Partnerships
  - KUSA
  - Basic needs Kenya
  - NACADA
  - NACC

These partnerships have been very supportive in the activities conducted by the directorate all geared to create awareness on issues of Alcohol and Drug Abuse, HIV & AIDs among others.

**Directorate Wellness and Rehabilitation Services**

director-aidscontrolunit@ku.ac.ke
Discontinuation is a case where a student in the university is given a letter of suspension after being found to have committed an offence that is against the University Rules and policies, such as; indiscipline conduct, on academic grounds, examination irregularities and drug and substance abuse. The suspension may last up to a whole year depending on the magnitude, then later called for a disciplinary seating by the University Senate.

One may either be given a warning letter and continue with their studies or be given a discontinuation from the university premises and resources, after which one may appeal the senate’s decision to the Vice Chancellor.

The university discourages students from engaging in such conducts that may lead to them being discontinued, which wastes a lot of time and effort which they would have used to complete their studies in time. This seeks to ensure integrity among students and promote good morals and responsible citizens in the future.

As an office, we work handy with the management to sensitize students against such conducts that may lead to disciplinary actions being taken against them. We introduced ‘kick mwakenya campaign’ as a way of creating awareness and sensitizing students on the consequences of discontinuation and a guideline for students to observe integrity in examinations.

It is my wish that as a student’s body we be encouraged to go through the students’ handbook and try to inculcate values of honesty, integrity and self-drive especially during examination as this is one of the major contributors to the many cases of discontinuation.

…‘Discontinuation is real; uphold integrity, be confident and believe in yourself…”

Rose Kipkorir; Academic Secretary - KUSA
A New Experience

The Kenyatta University Television (KUTV) is a dynamic TV station aiming to revolutionize the industry through a mix of localized and consumer interactive programmes. It provides a conduit for engagement, connection and community support not found anywhere else in the Campus. It is divided into various departments ranging from marketing to actual production of content. The employees of the station are driven not only by the amount of money they earn but also by the passion and love for their job.

KUTV provides opportunities to the students who have great interest in the media industry. In fact, a good number of students who started their career in KUTV have moved on to be admirable media personalities. Indeed KUTV is just one of the many opportunities that Kenyatta University provides to her students and staff.

I just don’t know how to run on the significance of a campus owning a radio station in as much as the benefits on working on one. KU FM apparently sits at the main campus in the twin towers. Fascinating enough, it’s run by students who practice what they like doing the most ranging from news presenters, DJ’s to news writers. Perhaps the young voices that run the program like it’s what they have been summoned for is what makes it so exciting to listen to. If you haven’t listened to these voices that are replicas of the best stations in our country then you definitely are missing out on a lot, both informatively and entertainment wise. But let that not startle you as 99.9 FM is your station, call it campus radio that drives you out of your own way to listen from as wide as Githurai and By Pass. What’s even better is that it suites everyone ranging from different programs throughout the week including the weekends, you just have to plan on when and what to listen. Students who have a vision in media are urged to visit their offices as it provides a great platform on the know-how and also decorates one’s CV gained from working there. It’s a resource that when utilized...
Despite the global prevalence of mental illness, little is known about this malady that has been referred to by many as “the plague of the 21st century”. We live in an incredibly fast-paced world with enormous pressures to be productive. This often leads to burnout and largely contributes to mental illnesses.

Mental health contributes to the overall well-being of an individual. The World Health Organization (WHO) recognizes the importance of psychological well-being, defining health as "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity". A mental illness therefore, refers to

Mental illnesses include bipolar disorder, schizophrenia, dementia, obsessive-compulsive disorder, eating disorders, intellectual disabilities, disorders due to drug abuse, anxiety disorders and depression. The most common mental illness is depression, and has been reported to being the cause of 4 out of every 5 suicide cases. A report by the World Health Organization estimates that about 800,000 people die due to suicide every year, which is one person every 40 seconds. Moreover, the Nation Newsplex Investigation revealed that one out of every four Kenyans is likely to suffer from a mental illness at one point of their lives.

Some warning signs for mental illnesses include mood changes, problems thinking, withdrawal, nervousness, increased sensitivity, sleep and appetite changes, and many more. Summarily, one encounters a feeling of being disconnected from the outer world and an unusual drop in functioning in their day-to-day activities.

While it has always been overlooked as being a public health concern, mental health has profound effects on an individual’s economic productivity, physical and social wellness, and quality of life. Education is often compromised when early-onset mental disorders prevent individuals from completing their education or successfully pursuing a career.

Despite ongoing efforts to educate the public about mental health, misconceptions remain. Before we can stop the stigma, we need to debunk some mental health myths. A common misconception is that mental illness is a sign of weakness. This has been a contributing factor to increasing suicide rates among men, because they are afraid to seem ill and vulnerable. Another myth is that people with mental illnesses are violent and that mental illnesses are incurable. On the contrary, the opposite is true for the above statements.

Once you suspect that you could be having a mental illness, it is important to seek professional help. In Kenyatta University, The wellness and Rehabilitation Center offers counselling services and if medical attention is required, one is directed to medical professional for specialized care. Mental illnesses are curable and in most cases, the patients recover completely.

Moreover, it is important to note that speaking to a person you can confide in can hugely alleviate the situation and prevent suicidal thoughts.

There is a need for the government, learning institutions and even religious institutions to partner and come up with policies that will provide sustainable solutions to alleviating mental-related illnesses, and to provide mechanisms to fight the stigma surrounding mental illness. This is because the men-
“What makes the culture of sexual assault to continue massively over the years is the concept of victim-blaming and creation of excuses to fend the perpetrators of the act” as one victim of the act Kaysha puts it; “His friend Tom held me down and my boyfriend raped me.” Recounting to this act a year later, each word Amina speaks is uttered slowly with precision. “Our friends were all there watching, without doing anything to stop it.” It is an incidence she will never forget.

“I really wanted to scream at him or for help,” she narrates, stopping to wipe away tears. “I just kind of froze, maybe it was the alcohol or being scared, but it was like I couldn’t remember how to scream; the pinch too deep and my mind lost in emotions.”

She remembers going limp, incapacitated by a feeling of helplessness. The events were hazy after that — the next thing she clearly remembers is waking up, alone, without her shirt. In the following days, she struggled to process what had happened.

Many students like Amina, especially of the female gender have gone through this act of sexual misconduct. As demonstrated, sexual assault especially by persons close to us, (girlfriend/boyfriend) or a relative per say, is something real and its happening, the society is called to be more proactive and make more deliberate steps towards finding lasting solutions to the problem. We have to keep and begin a conversation about sexual assault in all its forms going. The victims have to be presented with a serene environment to speak out in order to equip all the others with knowledge about sexual assault. Amina, like others lacked knowledge of her rights, how she could have stopped the incidence. There are avenues to report sexual assault incidences that all of us must make ourselves aware of and ensure we seek justice to its finality.

(All the names used in this article are fictional; for the respondents’ privacy)

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Mental health refers to the cognitive, behavioral, and emotional wellbeing of an individual. As such, it inclines the physician to consecrate his abilities in an effort to restore a person who has difficulties to cope with the normal stresses of life, which, if not professionally and compassionately dealt with, may not only hinder the joy and satisfaction that attend to life, but impair and shutter the self-esteem of the affected person, to the extent that the sanctity and dignity of his or her life is meaningless.

I once read a distinguished biography of a venerable man, who, while he was yet alive, gave his contemporaries reason to hope; hope that he himself narrated by the story of his life; a life that was attended with mental conflicts seemingly insurmountable, yet nonetheless rewarding both to himself, and to those who fellowshipped with him in his finite existence.

Why was this medieval icon - Martin Luther, a blessing unto the human race? Because in his mortal fellowships, his era understood the essence of the golden rule, “Thou shalt love thy neighbour as thyself.” Yes, love is the balm for all maladies, and Luther greatly benefited by it.

An illness, like death, has no legal permit. Unfortunately, when it knocks, many people succumb to its strokes, unawares of how to deal with the issue. This notwithstanding, there is too great a disposition among people to take essential things for granted. And yet when the critical physician comes to review the pain, the agony, and the end of persons afflicted with mental problems, ranging from mainstream disorders like Depression, Schizophrenia, and Bipolar, Anxiety disorders, Panic disorders, Phobias, and temporal psychological issues, he is forced to the conclusion that the principle that a mental patient can save himself by his own temperamental endowments lies at the foundation of many poor prognoses, if not all. Wherever this principle is held, a patient has scanty hope against the restoration of his mental wellbeing.

Every person is a physician to mental patients. Don’t be miserable comforters; instead, work to alleviate the affliction by developing an acute awareness of the emotional wellbeing of those around you. Be aggressive to form friendships, for we are all woven together within the great web of humanity. The patient’s case is sad indeed when his society is ostracizing and his physicians heartless.

When you notice a person known or unknown to you, especially in the campus, acting uncommonly, i.e., withdrawing from people and pleasurable activities, sleeping or eating too much or too little, feeling as if nothing matters, consistently low energy, not being able to complete standard tasks, displaying uncharacteristic emotions, thinking of harming him/herself or others, having delusions and hallucinations, interest yourself in them, and be ready to have a timely contact with the relevant authorities. Be not a person of a mean and servile spirit. When some of us have been favoured and advanced by God in health, we are apt to grow haughty and insolent, and to forget our place in grace. Let’s relate to mental persons with extreme tenderness and concern, which is felt at the sight of their miseries.

There is a great fact which the strongest prejudice cannot overlook – that love is the balm for all maladies, including mental; for love does what medicine cannot – it heals.

By Manasseh N. Mwangi, Medical Student.
“Trusting in God has opened doors for me, even those that appeared to be shut forever”

My name is ESTHER MBAU, a third year student of B. Com (Finance). But when you come to Ku, ask for the Entrepreneur that is what they call me.

Being an entrepreneur is not an inborn talent. I developed it along the way, and this was in KU.

Perhaps what motivated me is my background, and the fact that I would never get what I wanted, due to lack of finances.

I started small, from the little savings from HELB after paying school fees, as early as 1st Year, 2nd semester. This came after frustrations of making zero sales as a Jumia agent. I cannot forget the beautiful sandals I used to sell to my classmates. I then moved to ornaments, hair complements, belts, like a walking boutique. This was just before I mastered the beadwork art and started making pretty key holders which I sold allover KU, and then was a supplier to Kin, Kahawa and Githurai hawkers and boutiques.

It was out of passion that I mastered the cheap sources for most items. So I moved to being a blogger, at some point I would sell pens, Calculators, Iron boxes, Utensils, Pressure Cookers etc.

With time, students trusted me to sell anything to them, maybe because of my fair prices and quality items. At some point, I was an expert in filling KRA returns which I did with my phone.

One thing led to another, and by November 2017 at 2nd year, I had enough savings, ready to start up a big investment. I partnered with a friend and we bought a motorbike for 90,000. We gave it out to a driver and the agreement was that he would be sending some amount of money daily into my bank account. I felt I had achieved, but it didn’t stop there. In 2018, January, I partnered with two other friends and we started an Mpesa shop in Kamukunji, Nairobi. Perhaps this was the greatest achievement.

It’s important to note that it hasn’t been a bed of roses. Balancing between making money and academic life turned out to be easier said than done. I would sometimes sacrifice classes to serve my clients. At times, I spent sleepless nights, but I can never regret, as I always had enough school fees, food and even clothing.

My entrepreneurship profile would not be complete without mentioning that I won the glad prize, The KUSA Award 2018 for the entrepreneur of the year. That is what hiked my esteem until today, I can proudly say that it partly contributed to the courage I had to contest for the KUSA position I’m currently holding. When I look back, I can only thank God for everything. It wasn’t by my might, nor power.

Is Money Equal to Happiness?

My name is Dominic Mokua, a 4th year student of B. Com in Medicine and surgery. I come from a humble background.

I joined Kenyatta University 7th September 2015. During my first and part of second year, my father used to provide for me comfortably since I was the only one in campus.

Early in my second year, my younger sister joins campus and I have been in this game for two life gets kind of difficult to me. I years and I keep getting better. broke up with my then girlfriend sometimes it’s boring. I know that online writing has got a very big potential- some serious people do make 100k+ in 2 weeks. And that is my dream this year. I want to own a car by 5th year, and I will.

I sacrificed a lot and bought my first writing account since I didn’t want to work under someone. Actually, I do employ people. In a good week I can make about 15000 ksh and in a bad week, 7000 ksh.

Final word: it feels good when you have financial freedom; yes you are in control of your environment. As for me, money is equal to happiness.

By Dominic Mokua
I have never felt more disappointed in life, but yesterday, I did so, deeply after I took a deep glance at my reckless, care-free life.

I spent a lot of my teenage in the hands of my mum, feeling like a flower rolled with petals just about to flourish but when I joined campus, I could not explain the joy.

I was called to do a bachelor’s of arts or ‘bachelors of anything/if you would like and when I arrived, I was quite amazed at the number of students who came on that day. The admission, despite the numbers, was quite swift and in no time, I was dining at the school cafeteria.

In the afternoon, trying to navigate my hostels I met Brian. Tall, masculine, handsome, and let’s not deny it, probably a caring fella. I think I instantly fell in love.

‘Hello, where can I find Ngong’, please?’ I approached. ‘This way’ he replied softly pointing it out. It’s not that I did not know my way but I just wanted to talk to him and off he went. I felt I had lost my luck. Though sweating just, a little, I regained myself and remembered the advice from my mom. ‘wanaume ni Wanyama, be safe, I love you.’

That night, I kept thinking about how I could adjust to campus life.

I also called my friend Anita, who had sent me a message that she too had managed to get an admission. There are people who are called to campus and there are people who come to look for admission just like Anita, but she is that friend who keeps it real.
The next day while serving breakfast, I got a little tipsy and dropped my phone, to my surprise, just the Brian I was thinking about shot fast and picked it for me, is it not being a gentleman? We struck a conversation and in no time, I had known his home, hobbies and what had brought him to university. At least it was not ‘anything.’ like me but engineering, and he was a third year. I kept on fantasizing how we could make a love relationship.

After visiting him in the evening, as we had agreed, we watched a movie, took some snacks and just like that it escalated to a lot more than I imagined. That night I had the most memorable moments that I could possibly have in my life. Everything was exciting and sweet as they always have been saying.

I expected to start having my ‘visitors’ on Friday so I put on my underpants and a short as I always do, but it did not happen, I called Briyo as he always preferred but upon receiving the information his phone ‘died on battery’. I tried severally until I was snoring deeply in my tears.

The next day I called Anita, she came quickly and found me lost in suicidal thoughts. After explaining it to her she told me about how I could have avoided my problems. She explained how she uses sanitary towels when she is in her periods and how getting pregnant is only a temporary solution. I also could have used a birth control method like a condom, to avoid my unplanned responsibilities but unfortunately, it was too late.

Today, as I hold my baby, I don’t regret any of my actions but I keep thinking about my past. Did Briyo even exist or he was just an imposter. And what about my future, oh our future?

I hope only time can tell.

by

Aisha Said
(Gender and Special Needs Secretary, KUSA)
Varsity life, a complex detailed reflection of human societies. The possibilities of who you can be are endless yet limited to the confines of our peers, families, religion, role models and public opinion.

I could be the church leader, the one that goes door to door praising the lord, organizing ‘kesha.’ My thought of a good time is having a small bible study session in my hostel serve some tea and mandazis and bond with my friends.

I could be the makeup enthusiast, fashion my jam, searching through ‘mtush’ to get the best buy my thing, taking selfies with my friends, and just being with my squad. Appearance is a tool I can manipulate.

I could be the book worm, always at the front; the one everyone assumes is bound for first class honors. My idea for having fun could be having an intellectual discussion or solving a question.

The existence of people unalike from us is a thing of life, an actual strength, for life is dynamic and ever changing and what better way to face it than with a society of intellectual, diverse,
“Mama Graduate”

At 17 years, I got admission to campus. My dad, a military man, was on duty at the time. My mum had just delivered a newborn forcing me to take myself to school on the first day. Nairobi was a new town for me. One I had read in books and watched on television. I braced myself and maneuvered my way through the city to my new to be home. I had to find a place to stay as I was not lucky to get on campus accommodation. Adjusting was not easy. With little support from home, I had to find a means of survival.

I worked to sustain myself. My first job was as a waitress at a café. I worked in the evenings and attended my classes during the day. I later took up a tutoring job which I quit afterwards as I could not come to terms with my employer. I, however, set out on my own, tutoring primary and high school students and this sustained me. I could cater for my basic needs as well as afford my outgoing lifestyle. This eased my life.

In my second year, I applied for a peer counsellor position and was taken in by the university. We underwent extensive training which enabled us to acquire knowledge on handling fellow students who had challenges related to academics, finances, and reproductive health. We would refer those cases that were beyond our ability to handle to the university management. I would advise fellow students on responsible sexual behaviour and relationships not knowing that I would find myself trapped in the same. Mine became a classic example of preaching water and drinking wine. I got trapped into a partying lifestyle. This was elated by my then boyfriend whom I moved in with. My hustle moved from being a source of sustenance for basic needs to one that catered for an extravagant lifestyle. Within no time, I realized I was pregnant.

This was a big blow for me. I could not bring myself to telling my parents about it. I decided to keep to myself until the time of delivery. News of my pregnancy brought my parents back together for some weird reason. Maybe they needed to ponder on what led their beloved daughter astray or somehow thought they were to blame. Moving in with my boyfriend was the only viable option for me.

Being a young mom is not a dream of any student nor their parents, and it comes with resentment, responsibilities, and shame. I was positive and determined to proceed with my education, so I took a one-year academic leave to care for my little girl. I made arrangements with my parents to get a second chance. They agreed to take me back to university and care for the little one. After a year at home, I went back to school, and in two years I completed my degree and graduated with a Bachelor of Arts. The same year after graduating I enrolled for a master’s degree in counselling psychology at 23 years.

I choose not to hide behind the shame and stigma of early pregnancy and speak out to encourage fellow students to strive to excel. Be it in their academics or side hustles, they should aim at overcoming the ever-growing economic hardship and the nature of being broke as a student. They should embrace mistakes and failure and live up to their dreams.

To fellow young student mothers; “You can hack it. Work hard, admit your mistakes and ask for support.”

I call upon parents and the community to support children and youths in achieving and unlocking their potential.

The author is the Postgraduate Congress lady at Kenyatta University, co-owns a community-based organization in Githurai 45 that supports teen mothers and persons with disability and is currently an intern at NACADA helpline.

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Truly, I’m crazy about fashion. Personally I’d say it is a trend in which people present themselves. We all nurture a desire of looking good by what we wear, how and when we wear. Fashion not only embrace clothing but also accessories, hairstyles, beauty, art basically from head to toe. For anyone who loves fashion and spends days shuffling through gorgeous clothes, transforming simple attire into one that is elegant is a job right outta heaven. So to say how we dress tells more about our personalities, good clothes make you feel confident, beautiful and happy.

Taking inspiration from both modern and historical fashion can be a great way to invent something new in the fashion industry. Hereby, a passion of fashion designing is nurtured too. It’s all about being quite curious and observant to get inspired from everything possible. Fashion trends have lately been popping up all over social media. Those who are passion driven are so addicted to Instagram, Pinterest, magazines, blogs, Vlogs in order to see and know what is about to come in the industry.

As much as time passes, there are clothes which will never run out of style such as denims since many people are coming up with new several ways of styling them and looking so unique; which is good. Interestingly, to my own point of view I may say that oversized clothes are currently vogue, well especially among campus student. On the other hand office does not automatically translate into suits and stiff starched collars. The modern world has made people create beautiful work outfits and having office style.

As nothing rolls down on a silver plate, being fashionable or rather having a great taste of style will come with some challenges and also doing as well as seeing other people do faux pas (grievous fashion mistakes). This is because many people fail to spice up what looks best on them. We are yet to understand what being fashionable really means because it is something growing each other day and cannot just be laid out and defined by someone. It’s simply being sure of whom you are and appreciating yourself.
Gentlemen!!!

4 Essentials of A Wardrobe Revamp!

1. Bespoke Suit
They are staples in your wardrobe! At times we gentlemen have errands to run in the weekends, weddings to attend, hangouts with friends, family gatherings or other commitments. Well, they come in handy to give the comfort and relaxation you would want during such times while keeping your style on fleek! They can also be formalized when you want.

2. Khaki Pants
With characteristics such as high tenacious strength and resistance to tear among others, the leather material is one that distinguishes itself. Products made of this material are an absolutely worthy investment. They ooze a lot of style, elegance, excellence and beauty. They are also stylish accessories whether it be casual or official.

3. Leather Bags
With characteristics such as high tenacious strength and resistance to tear among others, the leather material is one that distinguishes itself. Products made of this material are an absolutely worthy investment. They ooze a lot of style, elegance, excellence and beauty. They are also stylish accessories whether it be casual or official.

4. A Pair of Chelsea Boots Suit
Having a pair or more of this on your shoe rack gives you myriads of options when it comes to the shoe game. With the ability to be both an official and smart casual when you need it, the Chelsea boots have an automatic entry to your shoe collection.

Loafers on the other hand are a calm and collected pair which when stocked in selected variety including but not restricted to Tassel loafer, Horse bit loafer and Penny loafer.

Fashion is an art which is best expressed through a person’s personality. Revamping your wardrobe plays a crucial part in informing your style upfront.

Written by: Michael Ogelo,
Mr. KUSA 2016/2017
(Brand Ambassador ZOPO MENSWEAR)
Steps to follow during a terror attack

Call 911 or 112 or 999 (police hotlines) and notify the campus security team immediately.

The campus safety will establish a quarantine perimeter where no in or our movements will be allowed until one is cleared by the officials. Students are also requested to walk with their identity cards (both national and school) for efficiency in such occurrences.

If the explosion occurs within your vicinity, ensure you move as quickly as possible far from the source of explosion to evade injuries by flying debris. Students are advised to note the fire assembly points and possible quarantine zones within the institution for quick response in case of such event.

Within the quarantine area, do all within your means to protect yourself. Get as far from the source of explosion as possible though within the confines of the quarantine.

Attempt to nurse minor injuries, if any with the available first-aid until the arrival of emergency medical personnel. Wash the wounded area thoroughly and if possible cover your nose and mouth with layers of fabric e.g. cotton t-shirts, tissue papers, handkerchiefs etc to reduce the possibility of further contamination on the respiratory organs.

Identify all personal health symptoms within your confines. If possible note them down and present to the medical personnel upon their arrival.

- Above all ensure your personal security at all times.
- Always carry your identity documents.
- Be aware of however is within your environs.
- Report any suspicious persons or activities to authorities for further action.

Role of Youth in the fight Against Corruption

The fight against corruption is not a new subject in the history of the country. Corruption is a phenomenon that has persisted in the country for quite some time, since the country got its independence. Efforts have been made and the country is still devising ways of curbing the menace that has for so long eaten into the economy.

It is estimated that 30% of Kenyan budget is lost through corruption. As of the year 2013-2018, Kenya has lost a cumulative estimate of 5.3 trillion in corruption. Reports indicate that the country loses 69 billion annually through corruption. In the year 2018-2019 financial year 38.99% of the 3 trillion budget has been allocated for development. In 2018 the government created 13000 new jobs- as compared to the budget the number of jobs created does not commensurate with the budget allocated.

The youth population [15-24] in Kenya is at 20.3%, this is 15.8% above the world’s average of 15.8% and 19.2% for Africa. Youth of working age [18-34] constitute 25% of the Kenyan population. Of this population 17.7% between ages of [15-24] are unemployed as at 2015. It is important to notice that the youths have the greatest population in Kenya; however we haven’t harnessed our numbers together and offer ourselves as change agents. Corruption can be fought by us since we are the immediate victims of the consequences of corruption. We have to realise that the change we need is with us, unless we pull together and chat a common course of action then we continue to suffer from the challenges that have been there since independence.

The Kenya National Youth Policy [KNYP] identified major challenges faced by young people include; poverty, health related problems, unemployment and underdevelopment, abuse and exploitation. Despite these facts being clear to us, we have assumed some comfort zones and resolved to “this does not matter”. We choose to remain silent and numb in as far as national issues are concerned leaving our survival and that of the future generation to the mercy of individuals who have made it their business to bring the country down to its knees. It’s time we woke to the realisation that the society is made whole when all its stakeholders take part in the building up process.

Studies have indicated that there is a window of opportunity for Kenya to accelerate its economic development if it makes the right investment choices to take advantage of the youth demographic. This will involve a deliberate and intentional engagement between the youth and policy makers to be able to have a clear framework of how to tap this youth demographic and realise demographic dividends. As a generation we have to identify our struggle and come up with a course of action that will be towards helping to end corruption and put the government to task of creating adequate numbers of decent jobs and equitably distribute the jobs to the young people across the country.

We have watched from the fence for the longest time, it’s time we now be part of the solution seekers as we stand to benefit more when the economy thrives. Let’s join our hands together and make our country break from the shackles of corruption.

Sanya John Michael
(Student of Public Policy and Administration)
The sharp-looking gowns and well-placed square caps often mark the apo-
gee of academic study in most universities around the world. This cultural ceremony always sym-
bolizes an important twist in a person’s life. Graduations are characterized by smiles and considerable amounts of positive energy, especially for the graduates. The big question, however, is what is next after getting hold of the diploma indicating your level of an institution of higher learning.

The first batch of students who benefited from the NARC government’s free primary education program that started in 2003 will be graduating for their regular four-year first degrees in 2019; this year. This of course is assuming that the students schooled ideally and joined universities under government sponsorship. Figures from the ministry of education place the number of gradu-
tes from Kenyan universities every year at slightly over 50,000. The number of people seeking employment generally is even higher because of the dynamics of the Kenyan society and the fact that only a small percentage of high school graduates get higher education spots.

Data from the ministry of education indicate that only one in five people is likely to get a job in the formal sector. Kenya is still unable to em-
ploy a high number of its adult citizen-
ry; the 2017 Human Development Index (HDI) report shows that 39.1% of Kenyans of working age are not employed. This means, there-
fore, that university graduates com-
pete with other Kenyans for limited employment spots in the market.

In Kenya’s villages and cities, and digital streets; there is a growing discussion over the need of higher education to foster entrepreneurship and put on the students a mind-set of “creating jobs” not “searching jobs”. Malcolm Forbes popularly said that “education’s purpose is to replace an empty mind with an open one.” The ambiguity of this statement is what gives it power. Education, as perceived by Forbes, is not just a means to an end, it is an end in itself. It is high time students understand that education is already good enough for their transformation.

The question of incentives and con-
ducive entrepreneurial environment is also important. There is an urgent need for the government to support innovation and regulate unscrupu-
ulous business persons who intimidate young people in order to maintain a monopoly, or near-monopoly, in markets. Enhanced security, im-
proved access to government services and information, affordable and accessible loans and grants, tax rel-
exiefs for start-ups, and market regu-
lation are just some of the ways the government can improve the busi-
ness environment.

Students also need to understand that the campus is not only an academic facility. It is also a social institution. As a personal resolve for each student, their education package should include reliable connections, real useful friendships, worthy networks, and most importantly, relevant information. “...As a personal resolve for each student, their education package should include reliable connections, real useful friendships, worthy networks, and most importantly, relevant information.” Jabez Okumu

Even as we strive to achieve the best for ourselves, let us not forget the ethical values such as honesty, jus-
tice, integrity, and hard work. As written by Shakuntala Devi, “Education is not just about going to school and getting a degree. It’s about widening your knowledge and absorbing the truth about life.”

Jabez Okumu,
jahbeskm@gmail.com
(Student of Public Policy and Administration)
The Fun 2018 Brought

The events of this school contribute to memories made and lessons learnt outside the four walls of a lecture hall. Kenyatta University, besides academics is well known for nurturing an all-round student, and that is what happened last year, and from my perspective, last year was one of the best. The year was remarkable in the docket of not just sports but also entertainment. The field of sports and entertainment saw events that are beyond count from talent festivals to sports tournaments.

These include the major KUSA awards, the talent gala, the president’s cup, the cultural week and very many others which were unforgettable. These events have contributed to the growth of talent amongst many students; Setey Lydia, Melyn Mitei, Mercy Nyakio and Chege Kiong’o Students who went to University of Johannesburg, South Africa to represent K.U in FASU games in Table tennis and athletics. Setey, Mercy and Melyn were awarded bronze medals while Chege won a silver medal. We also have Eliud Lokwom, a third year pursuing Economics who plays football for K.U Parklands. Eliud represented Gor Mahia FC in a match against Everton in Goodison Park on the 6th of November 2018.

In 2018, Kenyatta University recorded the highest number of modeling and runway events. This shows the aspiration for fashion especially in females, and we are grateful that the school was able to support that as well. The school also hosted plenty of events that were graced by massive names in not just the entertainment industry but also corporates with advertising ventures through these events. Coca-Cola promoted the flavors of Minute maid. The events saw the embrace of school talent and Kenya’s talent at large. From Juacali to Njugush to Naiboi to Dj Shiti, the list is endless, and who wouldn’t remember hosting the best rapper in East Africa? Khaligraph aka ‘the OG’ who performed for a number of school events.

The observation made about all these events is that they were organized, promoted and governed by students, no matter how big. From the banners, posters, video promotions, websites designed for voting and analysis, you name it, students were able and they did make it happen. Sometimes you could be in the middle of an event with a renowned music icon on stage, crowds cheering, and a question pops up ‘How did they manage to pull this huge thing through?’ Well here at Kenyatta University we are able, more than we know it and that should matter a lot. One promise that will be fulfilled judging by what occurs in this institution in sports and entertainment is that there’s more to come, so stay tuned and if you were never keen on these events, you better start now.

By Ngoma Simon

Event organizing is one of the fields that many corporates and any organization that seek to have its guest and audience to always to come back need to give interest to. Successful events are ones that people talk about after. Entertainment is one of the best way to make your event stick out in the minds of your guests. The importance of event entertainment should not be underestimat-ed. Your event entertainment is a direct reflection of your company, entertainment that is in line with the image of your company will make a positive impression on your guest. Of keen interest to notice, is the kind of guest you expect to host and match the entertainment to their appropriate way.

By Polycarp Gichana Organizing Secretary, KUSA
ILLHAN OMAR
She’s the first Somali American politician serving as U.S Representative for Minnesota’s 5th congressional District.

ELIZABETH MARAMI
ELIZABETH MARAMI is Kenya’s first fully trained female marine pilot.

FRIDAH MOKAYA
First Kenya’s female Nuclear Physic PhD graduate.

HON. GLADYS WANGA
Kenyatta University Bachelor of Arts, Appropriate Technologies in Entrepreneurial Energy
She was the first female Secretary General in Kenyatta University
Drug and substance abuse is one of the current issues the youth in universities and generally in the world face, each institution works to ensure that drugs are used in the right way and for the right purpose, this has been quite a hurdle.

I have interacted with many people who have bee drug addicts before and coming out of it is not always a walk in the park. For instance:

Tom (not the real name) started using bhang and taking alcohol in his first year of campus due to pressure from his friends who thought it was a lifestyle. The first puff made him cough a lot and he almost suffocated, but his friends told him “ni juu ni mara ya kwanza, utakua legend wa hii kitu soon”. He got encouraged and kept abusing the drugs till he could no longer live without them.

It was on 7th of November, 2016 when life started taking a different turn for him. He decided to get drunk that evening and went round the school making a lot of noise saying “mimi ni legend, you can do me nothing”. When he approached the school main gate, he decided to jump over the fence instead of using the gate to walk out; he was caught by the security personnels in the act and was taken to the security department to write a statement of his act. He was too drunk and was very arrogant and abusive then.

He was later sent a letter of suspension by the university, he was a 4th year then, he could not go on with his studies. It was at this point that he realized he had the wrong company all along and he regretted having wasted his 3 years of campus with the wrong people.

He immediately called his father and asked him to help change the situation in his life. The father, lucky enough was supportive, he took him to a rehabilitation Centre for 6 months, after which he came out a new and transformed person, he also went for counseling sessions after coming out of the rehab.

He now champions anti drugs campaigns amongst youths in and out of campus. He attended a senate disciplinary session where he was pardoned and given a chance to complete his studies.

The anti drug campaign started five year ago in Kenyatta university, this year we will be doing the campaigns differently, its going to be more vibrant and with a more dramatized version to create great impact.

We are planning to eradicate STIs, reduce cases of crime and also get more ambassadors for the anti-drugs campaign.

Drugs could lead to school dropouts, which is a deficit in ones life. People may avoid abusing drugs if they are self-driven and have the right principles and priorities in life.

We being one of the leading universities want to achieve zero tolerance of drug abuse. This will be made possible through working hand in hand with the management, which we thank so much for the support so far.

By
Lilly Mwangi
Vice Chairperson,
Three Kenyatta University Scouts were awarded the Chief Scouts Award by His Excellency Uhuru Kenyatta at State House on 24th November 2018. The Students are Diana Maritim (a second year student pursuing a Bachelors degree in Forensic Science at the School of Pure and Applied Sciences); Charles Ngare (a fourth year student pursuing a Bachelors degree in Mathematics and Computer Science at the same school); and Gabriel Masaka (a second year undergraduate student in the School of Education pursuing English and Literature).

The Chief Scout Award is the highest award a Rover Scouts in Kenya and many other parts of the world. The Chief Scout Award program challenges young people to be of service to their community and explore the natural world through outdoor activities such as hiking and camping expeditions; and to develop their skills, interests and hobbies through activities in which they earn badges like first aid, utamaduni, mzalendo, conservation, life saver, farming, reproductive health education, sports, mountain rescue, farming among others. A satisfactory training in these badges, setting a personal example of the Scout way of life and the Rover Scout motto ‘service’ leads to attainment of the Chief Scout Award. This year, a number of Scouts in the Kenyatta University Scouts Troop have already begun working towards the award.

The aim of the Rover Scout section is to offer activities that constitute an advanced interpretation of the principles of Scouting and are sufficiently challenging to interest a young adult. Rover scouting also exposes young people to opportunities to travel and experience other cultures both locally and internationally. They are also involved in the training of the younger members of the movement in the Scout Law, Scout Craft and Scout Promise.

The Rover Scout motto is ‘service’. Many of the activities in the Rover Programme are aimed at a practical demonstration of the spirit of service to God, to others, and to self – the fundamental principles of Scouting. In Kenyatta University, Scouts have been involved in a number of activities, including tree planting at the KU campsite, blood donation drive and community service and mounting guards of honor for guests at important functions in the university. The KU Scouts represented the university well in the 2018 East Africa Scouts Competitions at Burundi and are confident that they will do the same this year in Juba, South Sudan come December.
Student leaders with comrades after the swearing in ceremony

Runway models at a fashion event in Kenyatta University

Students in a lecture hall
The First Female Secretary General; Hon. Millicent Omanga

The Chairman, KUSA

The Prestigious University Shuttle Bus

Likizo Band Performing
TRIBUTE TO **Sarah**

By **FRED OKUKU BONAYA**

Humility and joyance defined you, love everyone and always loved by all. On Tuesday afternoon 8th of January 2019 at the literature department, we registered units together only to learn of your impromptu agonizing permanent departure from this world to your maker on the following day.

Hours later, they buried you somewhere in Moyale as per the traditions of the Islamic religion. We never set our eyes on your body dear. We’ve remained dumbfounded with a string of endless unanswered question in Dr. J K Makokha’s class, I’ll forever miss you in our discussion group as your class rep, group leader and best friend.

**RIP SARAH**

TRIBUTE TO **Ezekiel MUWO Mbatha**

By **KIRIA ISAAC (MBCLB)**

Since the loss of you, I’ve learnt to live for each day, and take it as a blessing Knowing it may not always be this way. Sometimes, alone I sit and wonder How it would have been, would be if were standing by my side Giving me the guidance and courage, to carry on with pride and will. Still I hold, will hold, on to memories on the days spent together, brother I will hold back tears too- When I want to cry. Life can be taken in a blink of an eye, An Important life lesson I learnt Since the loss of you

Rest in peace Ezekiel may the lord’s light guide your way as you serve and share in his glory

TRIBUTE TO **ISABELLA Wanjiru**

By **FRED OKUKU BONAYA**

Righteousness was your path that we followed. A prayer warrior; gone too soon. Little did we know that Saturday evening God was to call you home. Our chain was broken and never to be mended but as God calls us one by one the chain will link up again. Siz, daughter and a friend we miss you.

May the angels watch over your soul. Continue resting in eternal peace

TRIBUTE TO **Allan Mbote**

(ALLANO THE HERO)

By **LIZ (Girlfriend)**

Loyalty, humility and love was what we learnt and could copy from you. We believed you were and forever be a hero. Soccer was your lifestyle. Little did we know that heavenly father would call for his glory on 9th December 2018.

Gone too soon, shine with the angels in our heart you will remain forever.
“Chozi Langu”

Kennedy Mukabwa

Ninalia kwa huzuni, chozi langu lisikike
Ninaumwa kidarini, mwili wangu ujizike
Nimefikwa kwa kiini, lonifanya nivunjike
Mabeberu wa nchini, mwatung'ata kama nzige

Mwatuona si wahuni, mumepega haki teke
Mutulaze kaburini, kutufanya tusifike
Kwenye jua ni mpini, usotaka tujiweke
Mabeberu wa nchini, mwatung'ata kama nzige

Metutenga kama nyani, asojua haki yake
Kazi yenu vitandani, mujilaze na wakike
Wana wetu mikakani, mwaubonza wao uke
Mabeberu wa nchini, mwatung'ata kama nzige

Mwajifanya wadhammini, wasotaka tuteseke
Mututete ofisini, kitufanya si tucheke
Tusifate kwa makini, hali yetu ya upweke
Mabeberu wa nchini, mwatung'ata kama nzige

Metutupa baharini, nguvu zetu zigwamike
Tukizama kilindini, mili yetu ivunjike
Metuweka utumwani, hali yetu irukike
Mabeberu wa nchini, mwatung'ata kama nzige

Tumetoka vizizini, maishetu yageuke
Hatutaki nyi wasini, lotutenga kwa upweke

For this and many more of such poems find from my book; CHOZI LANGU available at any bookshop.
kennedymukabwa@gmail.com
Peace Talk

Abdiaziz Boru is currently a 3rd year student at the Kenyatta University, pursuing a Bachelor’s degree in Community Resource Management and Extension. He also serves as the first delegate from the school of Applied Human Sciences, a position he was overwhelmingly elected in courtesy of his work on the community outreach. During his 2nd year of study, Abdiaziz managed to successfully organize a five kilometer peace walk in Marsabit which was geared towards sensitizing the local communities on peaceful and cohesive coexistence, an initiative that got him aired on the national television (NTV). In addition he mobilized students forming the Marsabit students forum with the aim of understanding difficulties faced by students and most importantly how those issues can be effectively addressed.

“I am surrounded by fellow students and lecturers who have imparted me with values and immeasurable knowledge on leadership, community service and management. I have led a youth drive; Marsabit Youth Forum that plays a major role in providing an avenue to preach peace and unity among young people in Marsabit County as they are the vulnerably located in a region that continues to struggle with issues of ethnic clashes. I have been on the forefront in organizing and participating in the Marsabit Youth Peace Caravan that sought to sensitize youth and community members to embrace togetherness and unity so as to focus on development in our county as we register the largest number of unemployed youths who have opted to engaging in other activities that hinder peaceful coexistence and harmonious living.

Am convinced by the efforts that I’ve seen come from people of good will who are joining the initiative that in the days to come I shall expound the peace efforts through the experience I have received on peace activities. I seek to incorporate youths from the Frontier Counties Development Council (FCDC) in the peace movement so as to achieve the SDGs in the pastoral communities. Community Research Management is what has taught me to be a responsible member of our society by teaching me life principles such as giving back, caring and effectively improving our community to better lives.”

What Next After Undergraduate?

Sometimes choosing a career is one of the most important decisions you will ever make. Ideally, or to boost general employability. Courses are you should choose a career based on your expensive and unnecessary for certain interests, talents and ability. Therefore, master’s jobs. Before committing to postgraduate study degree is intended to transmit grounded skills makes sure you have a valid reason for doing so ideal if you want to keep your career options and research course and institution options while aiming at a wide array of jobs. If you plan thoroughly.

Don’t take on a master’s degree to stall for time on moving towards a new specialization, either to diversify your skills or to re-qualify, a master’s degree is far much accessible and easier to start from scratch.

Meroka Onsinyo
Congressperson Graduate school
Likizo is a Kenyan afro pop and urban band. Our music is a fusion of contemporary genres with the African Likizo feel.

The band was formed at Kenyatta University, where we used to play instruments in various events as the school band, eventually we started going for gigs where it started paying and with the money made, we were able to produce our first song ‘ORDINARY LOVE’

Thank you Kenyatta University for giving us such big opportunities,

be blessed.
KUSA Awards identifies and applauds exemplary members of the Kenyatta University students on the big Amphitheater stage for their service to the community.

The office of the KUSA Speaker takes pride in the sacrifices the 2019 comrade has to make, minute after another, selflessly to the aid of the other. Class representatives, club leaders, sports men and women, budding artistes, youthful entrepreneurs, leaders and entertainers; covered under a minimum of 50 inclusive and diverse categories of awardees.

KUSA Awards 2019 is set for the 8th March, preceded with a series of events both online and offline. The 2019 theme of the fete is "Impact." My office welcomes your participation on KUSA Awards 2019! Follow the unfolding on #KUSAAwards2019.