

Dr. Joseph Kobia M'Liria

Personal Information

Citizenship: Kenyan

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Permanent Address: P.O Box 100387-00101, Nairobi, Kenya.

Languages: English and Swahili (fluent), German and Arabic (basics).

Career Vision

A position in nutrition organization or institution providing the opportunity to learn and contribute to global nutrition policy development and implementation.

Education and Credentials

[2009-20015] Kenyatta University

PhD Food, Nutrition and Dietetics

Area of specialization: Maternal and Child Nutrition

[2002– 2005] University of Nairobi (U.O.N)

MSc. Applied Human Nutrition

[1995 – 2000] Egerton University, Njoro.

B.Sc. [Hons] Food Science & Technology.

[1990-1993] Starehe Boys' Centre and School , Nairobi

K.C.S.E Certificate

On-job Training

2016

Attended workshop on ISO 2007 (Information Systems Management) organized by Kenyatta University.

Presentation on '**Effectiveness of Mother-to-mother Support Groups in Promoting Exclusive Breastfeeding in Igembe North Sub-County, Meru County, Kenya. A Randomized Trial**' at Baby friendly Community Initiative partners workshop organized by MOH/APHRC. Kenya

2015

- Attended MOH workshop on Baby Friendly Community Initiative Policy where I made a presentation on Mother-to-Mother Support Group's formation and sustainability.

- Seminar presentation: Title **‘Effectiveness of Mother-to-mother Support Groups in Promoting Exclusive Breastfeeding in Igembe North Sub-County, Meru County, Kenya. A Randomized Trial’**. *At Kenyatta University Graduate School.*
 - Workshop on maternal, infant and young child nutrition, African Population and Health Research Center (APHRC).
 - Workshop on Social Return on Nutrition Interventions , APHRC
 - Training in supervision of postgraduates (Masters and PhD students) in writing thesis, Kenyatta University Graduate School.
 - Training in plagiarism detection in theses, Kenyatta University Library Services Directorate.
 - Workshop on writing learning modules, Kenyatta University
- 2014
- Workshop on Gender and HIV/AIDS, Kenyatta University
- 2012
- Proposal writing skills. Graduate School, Kenyatta University
- 2011 Kenyatta University
- Moodle ODEL online tutorials by ODEL, Kenyatta University
 - E-Resources Training Course by ITOCA, TEEAL and Kenyatta University. Funded by Kenyatta University and ITOCA
 - ISO 9000 Management training, Kenyatta University Management.
 - Nutrition programs implementation and monitoring, surveys and assessments by UNFSAU and Kenyatta University.

2008: Project impact assessment and accountability in emergencies conducted by Islamic Relief-UK in Addis Ababa.

2008: Two-weeks training in management of humanitarian emergencies with emphasizes on nutrition management. Carried out at ACF-France HQ in Paris, France.

2004: United Nations Food Security Analysis Unit (FAO Somalia) Workshop: Food security assessment, nutritional surveillance and response in emergencies.

Research Projects

Chief Investigator: Mother-to-Mother Support Group Project in Igembe North Sub-County, Meru County.

Project Title **‘Effectiveness of Mother-to-mother Support Groups in Promoting Exclusive Breastfeeding in Igembe North Sub-County, Meru County, Kenya. A Randomized Trial’**. *A Project funded by the National Council of Science and Technology (NCST) for my PhD Thesis.*

Chief Investigator: Food consumption patterns and dietary practices survey in Meru Central District, Kenya. A baseline survey for double fortification of salt (iodine & iron). *A Project funded by Micronutrient*

Initiative (MI), (CIDA in association with University of Toronto), University of Nairobi (ANP) and UNICEF (in association with the Kenya Medical Research Institute-KEMRI). This project proposal was initially written for my MSc studies at University of Nairobi.

Professional Experience/Administrative positions held

2015 - To-date

Lecturer, Kenyatta University, Department of Foods, Nutrition and Dietetics.

Areas of teaching:
Nutrition and Food Science

2014- To date,

School Coordinator, Digital School (DVSOL), Kenyatta University

Coordination of facilitation, dissemination of e-learning materials and examinations for students registered at Digital School taking courses from School of Applied Human Sciences.

2011-2014,

Tutorial Fellow, Kenyatta University, Department of Foods, Nutrition and Dietetics.

Areas of teaching;
• Nutrition and Food Science/Technology

Modules for e-learning (ODEL); in conjunction with Prof. Judith Kimiywe, we have written the following modules:

1. *Human Nutrition for Postgraduate Students*

2. *Maternal and Child Nutrition for Postgraduate Students*

2012- 2017,

Departmental Board Secretary, Board of Postgraduate Studies at Department of Foods, Nutrition and Dietetics.

Compilation of minutes for all postgraduate defense presentations and meetings. In conjunction with the Chairman of postgraduate studies; setting out the agenda of all postgraduate meetings at the department.

Member, School of Applied Sciences Research and Publications Committee.

Member, School of Applied Sciences HIV/AIDS and Gender Committee.

Member, Department of Foods, Nutrition and Dietetics Admissions and Credit Waivers Committee.

Member, Department of Foods, Nutrition and Dietetics Curriculum Review Committee.

Member, Department of Foods, Nutrition and Dietetics Procurements Committee.

Community Service: Chairman, Board of Management, Mwerogundu Secondary School

[2000-2005] [2009-2011]

Visiting Lecturer.

The Technical University of Kenya

Teaching Areas

- Food processing and preservation.
- Food Microbiology
- Food Engineering
- Technology of Specific Products

[2008 –2009]

Nutrition Project Coordinator- Ethiopia, Islamic Relief- UK

Overall coordination of a Nutrition Improvement Project- NIP with various donors and local stakeholders both at local and national level. Writing donor proposals for the project.

[2007– 2008]

Nutrition Program Manager (S/Darfur-Sudan): Action Contre la Fame (ACF-France, Volunteer)

CMAM Nutrition program with integrated care practices and TFC referrals: implementation, monitoring and evaluation in harmonization with other sectors: water sanitation and hygiene and food security. Project funded jointly by ECHO and UNICEF.

[2005 – 2007]

Darfur Nutrition Program Manager (W/Darfur-Sudan):

World Relief Darfur Relief Collaboration-DRC (NWMT, MAP, World Concern, CFGB and FHI).

Implementation and management of CTC program (SFP/OTP/TFC).

Conducting food security & nutrition surveys for the whole project. Writing donor proposals. Project funded by Canadian Food Grain Bank (CFGB), UNICEF and WFP.

Referees

1. Prof. Judith Kimiywe
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Kenyatta University
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2. Dr. Juliana Kiio
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Kenyatta University
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3. Eng. Mbaarua M'Imaria
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