## **BACHELOR OF SCIENCE (COMMUNITY RESOURCE MANAGEMENT)**

#### **COURSE DESCRIPTIONS:**

#### **100 LEVEL**

## **HCR 100 Community Resource Management**

Basic concepts and principles of community resource management. Overview of various traditional communities. Rural and urban communities. Integrated social-cultural dimensions of community development. Community resilience and challenges. Principles of community resource management. Types and nature of community resources available for use: social, economic and physical resources. Value and functions of different resources.

## **HCR 101: Human Development**

An Overview of human growth and development throughout the life span. Theories of development; managing and concept of human growth and development. Pregnancy, heredity and environmental influences on prenatal development. The birth process and is implications. Period of development.

# **HCR 102 Trends in Community Development**

Globalization and community development. Millennium development goals. Social dimension of development. Role of Governmental. Role of governmental, private and non-governmental agencies in family and community development. Sustainable community development.

#### **200 LEVEL**

## **HCR 200 Community Development Planning**

Identification and analysis of needs of the community and resources to satisfy them. Planning strategies for resources development. Development of social and human resources. Enhancing productivity of resources. Planning, use and control of various resources. Management of projects. Quality and risk management.

# **HCR 201: Youth and Development Programmes**

Role of the youth in national development. Youth leadership, innovation and social entrepreneurship. Youth and community-based development. Rural and urban youth. Role of youth as community change agents. Pathology in youth adulthood. Programmes serving youth and young adults.

#### **HCR 202: Community Outreach Programmes**

Concepts and principles of community outreach services. Community outreach information, education and communication. Related theories and practices, role of community outreach in community

development and leadership training. Role of women and men's self-help groups in promoting community development.

#### HCR 203 Community Mobilization and Organization

Analysis of goals, trends, Community involvement and participation in programms. Community development as a process. Planning, implementing, managing community projects, need based, asset-based, sustainable livelihoods, social action, community organization and social planning. Community project cycle.

300 LEVEL

**HFD 301: Introduction to Statistics** 

School common unit

HFN 309N: Introduction to Research Methods

School common unit

## HCR 302: National Development Policies (Revised)

Overview of Kenya's development plans and policies. Policy formulation and evaluation. National and County development plans; Vision 2030. Strategic plans and Sessional papers. Role of public and private agencies and developmental partners in policy planning and implementation. Influence of international polices on national development plans; Millennium Development Goals.

#### HCR 304: Integrated rural development (Revised)

Characteristics of rural communities Integrated rural development. Social and economic dimensions of rural development. Political, Economic, Social, Technological, Legal, Environmental (PESTLE).Rural development planning and national development. Rural development issues and interventions. Sustainable rural resource management.

## HCR 305: Community Extension Service (Revised)

History and development of community outreach and extension service globally and locally. Concepts and principles of extension. Social and cultural factors in extension and communication methods, audio-visual aids and mass media, extension education methods for individuals, groups and masses. Discussions, demonstrations, workshops, tours and field days. Extension approaches and roles of extension agents. Management and evaluation of extension programs. Micro-training experience. Field trip.

# HCR 306: Practicum

Exploration of community development programmes offered by governmental, non-governmental organization, or the private sector related to the student's area of interest. Analysis of the situation, and a plan of action will precede the attachment. Field attachment in a selected area of community welfare

programmes serving children, youth women, men, families, or groups with special needs. Field supervision and written project required.

#### HCR 307: Leadership and Management in Community Practice (Revised)

Overview of Leadership and Management. Management levels, skills, principles and roles. Leadership styles and application. Qualities of an effective leader. Leadership for change and dynamics of change in social, political, economic and cultural contexts. Managing change in organizations; strategies to address barriers to change.

## HCR 308: Household and Resource Management

Economic value of resources available to individuals, households and communities. Coping mechanisms of families and households in the community context. National and international economic issues affecting livelihoods of households.

#### **HCR 309: Housing and Development**

Housing policies and national development. Housing needs of families and households. Socio-economic and cultural factors affecting level of housing. Common types of housing units in the community. Housing designs, evaluation of plans and application. Financial and legal considerations. Furnishing and equipping a residential house. Planning and management of common amenities in a house. Environmental hygiene and sanitation. Household equipment.

## HCR 310: Children in Need of Special Protection

Examination of the rights of the child as stipulated in the United Nations Convention on the rights of the child, the African Charter on the rights and welfare of the child and the Children's Act, 2001 CAP 586 of the laws of Kenya. Parental and community responsibility for the child. Duties and responsibilities of the child. Children in need of special protection such as orphans, street children, abused children, child labourers and child soldiers. National and international programmes for CNSP.

#### HCR 312: Community Advocacy and Networking(Revised)

Concepts and techniques of community advocacy and networking. Advocacy issues in the community. Advocacy as a process for for social and economic change. Identification of advocacy issue, message development, Implementation plan. Networking, partnership building and collaboration. Designing and implementing an advocacy program.

# **HCR 314: Survey of Community Welfare Programmes**

Social welfare service delivery systems in developed and developing countries. Survey of social welfare programmes targeting specials groups such as children in need of special protection, the elderly, members with disability, and terminally ill persons. Emergency relief and the role of humanitarian organizations. Impact of welfare programmes on human development.

## HCR 305: Professional Community Practice (New)

Diversity in practice, working within a legal framework, effective communication, skills in interviewing and facilitation. Understanding and managing conflict, working with groups, working effectively in teams. Responsibilities of an attachee. Preparing reports and making presentations. Planning and organizing seminars, workshops and conferences. Curriculum Vitae writing. Documenting the practicum experience.

#### **400 LEVEL**

# **HCR 401: Community Nutrition and Food Security**

Basic concepts in community nutrition and food security. Determinants of nutritional status. Assessment of nutritional status using anthropometry, dietary, clinical and social demographic indices. Common nutritional problems and their management.

#### HCR 402: Poverty, Wealth Creation and Development

Concept and causes of poverty, analysis of poverty in Kenya and poverty alleviation strategies, government policies and challenges of implementation at the national level. Local communities strategies for poverty alleviation, theories and practices of wealth creation, impact of poverty levels on national development.

#### HCR 403: Project Design Monitoring and Evaluation (Revised)

Basic Concepts and Definitions. Project attributes. Project life cycle: Community needs assessment, design, implementation and management. Project indicators. Scope management and work break down structure. Project scheduling; Gantt charts; Critical path method, network diagrams. Project appraisal and feasibility studies. Roles and responsibilities of stakeholders in project management. Logical framework analysis and construction. Factors influencing project design and implementation. Monitoring and Evaluation Methods and Tools. Use of Monitoring and Evaluation Results. Writing project reports.

#### HCR 404: Participatory approaches in Community practice (Revised)

Concepts and principles of participation. The role and types of participatory approaches in community development. Prerequisites for optimum community participation. The participatory development process. Phases of participatory developmental process. Levels of participation. Using participatory tools.

# **HCR 405: Community Intervention Programmes**

Community needs assessment, intervention programme planning, implementation, monitoring and evaluation of intervention programmes. Social impact assessment of community intervention programmes. Dependency and sustainability of community interventions.

## HCR 405: Community Capacity Building (Revised)

Definition of concepts, principles, components and importance of community capacity building (CCB). Assessment of human resource needs in a given community. Tools and approaches. The CCB planning and cycle. Role of stakeholders in CCB. Problems in building capacity at the local level and their intervention. Characteristics of effective CCB. Impact assessment of CCB with emphasis on outcomes. Human capital, community capacity building and development.

## HCR 407: Project in Community Resource Management

Directed study and empirical research on community-based project under the supervision of an instructor. Approved research project proposal will precede the field project work. Written project paper and oral presentation required for evaluation.

## **HCR 409: Communities with Special Needs**

Stress theories and application to families.. Special needs and conditions affecting families such as disability, illness, poverty and violence. Dysfunctional families, family crises and management strategies. Family counselling. Family support services and programmes. Empowerment of families with special needs. Case studies.

## HCR 410: Management of Children's Services

Community-based, private, public, and institutional care of children in need of special protection. Rules and regulations governing charitable children's homes. Role of children's department in child welfare programmes and service delivery. Quality assurance.

## **HCR 411: Aging and Social Welfare Services**

Adult development and aging, theories of aging, physiological, socio-emotional, intellectual and personality development of the elderly, physical and mental heath, retirement planning, special needs of the elderly, traditional and contemporary homes for the elderly, processes and coping mechanisms in dying, death, bereavement and widowhood. Global and local social welfare services for the elderly.

## **HCR 412: Resource Management for Urban Communities**

Integrated urban development. Social and economic dimensions of urban development. Urban development planning and national development. Concept of cost-sharing, resource generation, management, control and distribution of resource for urban communities.

#### **HCR 413: Management of Community Based Organizations**

Types and diversity CBOs. Organization and management of structures on the ground. Registration and regulation procedures. Value and contribution of CBOs to development of social and physical resources. Interaction of CBOs with the public and private sectors. Community networks and information control systems. Community-based project.