

## CURRICULUM VITAE

### PERSONAL DETAILS

Name: **Dr. Kathungu Beatrice Muthoni, PhD**

Title/Qualification: PhD

Department: Psychology

Designation/Position: Lecturer

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Area of Specialization: Counselling Psychology

Research and capacity building Interests: addiction prevention and treatment , emotional intelligence and behaviour, children and youth rehabilitation, child care and protection ,juvenile and criminal justice systems.

### ACADEMIC & PROFESSIONAL QUALIFICATIONS

S. /NO.	INSTITUTION	YEAR	CERTIFICATION
1.	Kenyatta University	2010	PhD in Psychology
2.	U.S.I.U.	2003	Master of Arts (Counseling Psychology)
3.	Kenyatta University	1998	Master of Education (Educational Psychology)
4.	Kenyatta University	1991	Bachelor of Education (Arts)
5.	Alliance Girls High School	1987	Kenya Advanced Certificate of Education
6.	Alliance Girls High School	1985	Awarded -Kenya Certificate of Education (K.C.E.)
7.	Tetu Girls' Primary School	1981	Awarded Certificate of Primary Education

### EMPLOYMENT HISTORY

S./NO.	YRS	PLACE OF WORK	POSITION HELD
1.	2011- Present	Kenyatta University	LECTURER
2.	2004-2011	Kenyatta University	TUTORIAL FELLOW
3.	2000-2003	USIU	Graduate Research Assistant(part-time)
4.	2003-2004	Kenya Institute of Education (K.I.E.)	Curriculum Developer,

5.	1993-2001	TSC-Kirimari high school	Teacher /Deputy headteacher
6.	1991-1993	TSC-Kyeni Girls high school	Teacher

## ACHIEVEMENTS

1. **Conducted numerous trainings** in Asia, South America, Europe and Africa as a **Global Master Trainer for the Universal treatment curriculum(UTC –Basic and Advanced)** as well as the Child drug prevention program (CHILD) under Colombo Plan DAP with funding support from INL
2. Led a team from Kenyatta University that **won a competitive grant on development of a course on Publishing Addiction Science** funded by International Consortium of Universities on Drug Demand Reduction (**ICUDDR**) and **NIDA- (2020)**
3. **Won a competitive National Grant from the Kenya Government** through the National Authority for the Campaign Against Drug Abuse (NACADA) (**Principal Investigator**). (**2011**)
4. Steered the development of an internationally recognized **Postgraduate Diploma in addiction treatment science(PGDATS )** at Kenyatta University through a collaboration with **Colombo Plan DAP**
5. Currently steering the capacity building of Universities in Africa to develop academic programs on drug demand reduction as **International Consortium of universities on Drug Demand Reduction(ICUDDR) coordinator for Africa**
6. Co-Steered the organization of the **ISSUP/NACADA international conference** on drugs held at KICC, **Nairobi, Kenya**, from 10<sup>th</sup>-14<sup>th</sup> Dec 2018
7. Steered the organization of the **1st Regional Conference on Drug Demand Reduction and Supply Suppression**, organized by Department of Psychology, **Kenyatta University** and held from 21st to 23rd February 2018, as conference committee chair
8. Co-facilitated **ECOWAS/UNODC workshop** to support ECOWAS on design of drug dependence treatment protocol and integration into university curricula in West Africa. Held on 7th-9th June 2017 at Abuja ,Nigeria, Participants were from the various ECOWAS states.
9. Contributed significantly to generation of Credit Accumulation Transfer (CAT)s for Psychology and Counseling Psychology **for Commission for University Education(CUE)**
10. Co steered the organization of the North Rift Child Care and Protection Conference held at Eldoret National Polytechnic between 9<sup>th</sup>-11<sup>th</sup> April 2019.
11. Co-steered the organization of the 1st National symposium in Kenya on child care and protection held on at the Multimedia University of Kenya 16th -18th May 2018 as chair of the Scientific subcommittee

12. Successfully Organized stakeholders sensitization workshop on the psychosocially challenged -Kenya Institute of Education (K.I.E.)- Special Education Department (2003-2004)
13. Co-organized a National stake holders workshop to sensitize stakeholders on needs of autistic children in Kenya – Autism Society of Kenya (2003)
14. Supervised over 10 postgraduate students some of whom have written on the area of addiction studies

## PUBLICATIONS

1. Ondeng, J., Sirera, M. & **Kathungu, B.** (2020) Gender Responsive Programming in Kenya: The Time is Ripe, Women & Criminal Justice, DOI: [10.1080/08974454.2020.1837334](https://doi.org/10.1080/08974454.2020.1837334)
2. Mioviský, M., Vondrová, A., Peters, R., **Kathungu, B.**, Lososová, A. (2019). National Addiction-Specific Institutional Infrastructure – Fundamental Prerequisite for Successful Implementation of Specialized Academic Degree Study Programmes: A Case Study In Historical Perspective. Central European journal of public health
3. **Kathungu, B.M.** et al: (2016) A Handbook for Child Care and Protection : ERIKS: Nairobi ISBN Number
4. **Kathungu B.M.**, Mwaura, L. & Wambugu, B.N. (2015). Extent and patterns of drug use among persons with disabilities. *International Journal of Prevention and Treatment of Substance Use Disorders*. Vol.1 Issue 3&4.
5. Kinga, T. **Kathungu, B.** & Mwangi, J. (2013) Relationship between functions of counselor supervision and level of Burn out: The case of Voluntary Counseling and Testing (VCT) counselors in selected counties in Kenya. The Cradle of Knowledge: African Journal of Educational and Social Science Research. Vol. 1 No. 1
6. **4.** Research Report on **Situational analysis on Juvenile Justice Systems in Kenya**. For Government of Kenya and JICA 2011 as Co- investigator . Research report
7. **5.** Kathungu B. Karega, M. & Wasanga C. (2010 ) Research Report on **Impact of alcoholism on gender roles and gender roles socialization in rural communities in Kenya. Implications for the future of the boy child in Kenya** as Principal investigator
8. Maingi, L.N., **Kathungu, B.M.** (2017). Relationship between Harsh Physical Parental Disciplining during Childhood and Intimate Partner Violence among Men in Nyeri County, Kenya. *International Journal of Science Arts and Commerce* , Vol 2.No.2 Pgs.
9. Musili, P.M., Sirera, A.M. & **Kathungu, B.M.** (2016). Vicarious Traumatization among Professional Caregivers and Support Staff in Selected Hospices in Kenya. *International Journal of Social Science and Economics Invention (IJESSI)* Volume 02 Issue 07
10. **Kathungu, B** (2004). Fundamentals of communication in Guidance and Counseling. Module for Institute of Open Learning, Kenyatta University

## CONFERENCE/WORKSHOPS/SEMINARS/WEBINARS/ PAPERS

1. **2021: Ethics and self-care for Addiction Professionals.** *Presented at ISSUP Kenya Webinar on 29/3/21*
2. **2020: Developing University-based DDR Academic Programs: Experiences, Challenges and Opportunities.** *Presented on 21<sup>st</sup> April 2020 for ICUDDR Webinar series*
3. **2019: Navigating Obstacles in Development of Evidence based quality DDR Education Programs in Universities- Experiences from Resource Constrained Countries.** *Presented during the ICUDDR African Regional meeting held from 3<sup>rd</sup> to 4<sup>th</sup> Sept 2019 at Addis Ababa ,Ethiopia*
4. **2019: Translating Evidence into Practice through DDR Education Programs in Universities: The Kenyatta University Experience.** *Presented during the NIDA International forum held from 14<sup>th</sup>-17<sup>th</sup> June 2019 at San Antonio ,Texas*
5. **2019: Kathungu, B. Evidence based practice in child care and protection-the DADIME model.** *Presented at the North Rift Child Care and Protection Conference held at the Eldoret Polytechnic, Kenya on 9<sup>th</sup>-11<sup>th</sup> April 2019*
6. **2019: Kathungu, B. Continuum of care in child care and protection.** *Presented at the North Rift Child Care and Protection Conference held at the Eldoret Polytechnic, Kenya on 9<sup>th</sup>-11<sup>th</sup> April 2019*
7. **2019: Kathungu, B. Response & Challenges of Addressing GBV and Gender Issues in the University.** *Presented at the Gender Training of Trainers workshop for students Held at KU BSSC on 15th March 2019*
8. **2018: Kathungu, B.M. Self-care for practitioners in child care and protection.** *Presented at the 1<sup>st</sup> National Symposium in Kenya On Child Care And Protection Held At The Multimedia University Of Kenya On 16<sup>th</sup> -18<sup>th</sup> May 201*
9. **2018: Kathungu, B.M. Discipline and Behavior management in Child care and Protection .***Presented at the 1<sup>st</sup> National Symposium in Kenya on Child Care and Protection held at the Multimedia University of Kenya on 16<sup>th</sup> -18<sup>th</sup> May 2018*
10. **2018: Kathungu, B. Recovery oriented systems of care.** *Presented during Kenyatta University Health Care Staff Continuing Medical Education Forum Held At Kenyatta University Health Clinic on 15th march 2018*
11. **2018: Kathungu,B.M. et al (2018 ). Recovery oriented systems of care.** *Paper presented at the 1st Regional Conference on Drug Demand Reduction and Supply Suppression held at Kenyatta University on 21<sup>st</sup>-23<sup>rd</sup> Feb 2018*
12. **2018: Kathungu, B. Mwaura, L. & Wambugu, B. Prevalence and Risk Factors for Drug Use among Persons with Disability: Implications for Prevention.** *Presented during the ISSUP/NACADA International Conference on Drugs held at KICC, Nairobi, Kenya, from 10th-14th Dec 2018*
13. **2018: Chege, A. & Kathungu, B. Patterns of Drug Use among Youth from Single-Parent Families: Implications for Prevention.** *Presented during the ISSUP/NACADA international conference on drugs held at KICC, Nairobi, Kenya, from 10th-14th Dec 2018*
14. **2018: Kathungu, B. Developing a Stand-alone DDR Graduate Education Program: The Experience of Kenyatta University.** *Presented during the ICUDDR meeting at the*

*ISSUP/NACADA international drug conference held at KICC, Nairobi, Kenya from 10th-14th Dec 2018*

15. **2018: Chege, A. & Kathungu, B.M. (2018). Relationship between Family Structure and Drug Use among Youth in Kajiado County, Kenya.** Paper presented at the 1<sup>st</sup> Regional Conference on Drug Demand Reduction and Supply suppression held at Kenyatta University on 21st-23<sup>rd</sup> Feb 2018
16. **2017: Kathungu, B. Integrating Drug Demand Reduction Education into University Curricula.** Presented during the Three-day workshop to support ECOWAS on Design Of Drug Dependence Treatment Protocol And Integration Into University Curricula in West Africa held at Abuja Nigeria from 7th-9th June 2017
17. **2015: Kathungu, B. & Nthangi, A. The Role of Counselling Psychology in Patient Centred Care.** Presented at the 1st Global Conference on Patient Centred Care, held at Kenyatta University Nairobi, Kenya from 29th September – 2nd October, 2015
18. **2013: Kathungu, B. Alcohol and drug use among persons with disability.** Presented at the 2<sup>nd</sup> NACADAA conference held at Kasarani Gymnasium, Nairobi 10<sup>th</sup>-13<sup>th</sup> June 2013
19. **2012: Kathungu, B. Value Education in Alcohol and Drug Abuse among the Youth: Insights from a Counseling Psychologist** Presented at the NACADA workshop held on 16<sup>th</sup> to 18<sup>th</sup> May 2012 at the Kenya School of Law, Karen
20. **2013: Kathungu, B. Alcohol and drug use among persons with disability.** Presented at the 2<sup>nd</sup> NACADAA conference held at Kasarani Gymnasium, Nairobi 10<sup>th</sup>-13<sup>th</sup> June 2013.
21. **2012: Kathungu, B. Value Education in Alcohol and Drug Abuse among the Youth: Insights from a Counseling Psychologist.** Presented at the NACADA workshop held on 16<sup>th</sup> to 18<sup>th</sup> May 2012 at the Kenya School of Law, Karen
22. **2012: Kathungu, B. Balancing between Work and Family** Presented at the Embu Diocese Catholic Secondary School Head Teachers Annual Workshop Held at JJ McCarthy Centre from 5<sup>th</sup>-9<sup>th</sup> March 2012
23. **2011: Kathungu, B. The Juggling Game: Balancing Diverse Demands of Work, Family and Social Life**
24. **2011: Kathungu, B. Alcohol Use and Performance of Gender Roles and Gender Role Socialization among Selected Rural Communities in Kenya.** Presented at first NACADA national research workshop at KIA Nairobi 29th&30<sup>th</sup> Feb 2011

#### **Funded Projects**

1. Drug use among persons with disability – funded by Kenya Government -National Authority for the Campaign against Drug Abuse (NACADA). (Principal Investigator )-(2011)
2. Development of a course on Addiction Publishing Science funded by International Consortium of Universities on Drug Demand Reduction (ICUDDR) and NIDA- Principal Investigator -(2020)

#### **EXTERNAL EXAMINER IN OTHER UNIVERSITIES**

1. Examined MA. Thesis for Bharathia University, India

2. Examined thesis for Pan African Christian (PAC) university, Kenya

### **REFEREE / REVIEWER FOR PROFESSIONAL PERIODICALS AND ACADEMIC RESOURCES**

1. Member of Expert working group to review the curriculum on Universal Treatment(UTC )for Substance use disorders for Colombo Plan
2. Member of Expert Advisory committee to approve curriculum on Universal Treatment (UTC) for Substance use disorders for Colombo Plan
3. Member of editorial team of the African journal of Alcohol and Drug Abuse(AJADA)

### **COMMUNITY SERVICE AND OTHER ENGAGEMENTS**

1. Life Member-Kenya Red Cross Society-Embu Branch
2. Chief Guest – several educational prize giving days in secondary schools and at county level-Embu county
3. Volunteer consultant for Association of Charitable Children Institutions of Kenya(ACCIK),Kenya

### **AFFILIATION TO PROFESSIONAL BODIES/CONSORTIA**

1. Member-Kenya Psychological Association (KPsyA)
2. Member- International Society for Substance Use Prevention and Treatment Professionals (ISSUP)
3. Africa Regional coordinator-International Consortium of Universities on Drug Demand Reduction(ICUDDR)

### **NATIONAL AND INTERNATIONAL AWARDS AND RECOGNITIONS**

1. Awarded a travel grant to attend NIDA conference in June 2019
2. Awarded by NACADA a national research grant 2011/2012
3. Awarded a certificate of recognition by ACCIK and ERIKS of Sweden in recognition of contribution to capacity building in child care and protection
4. Awarded the International Credential for Addiction Professional (ICAP II)
5. Awarded by Kenyatta University the scholarship for Master s degree in Educational Psychology
6. Awarded by U.S.I.U. the Graduate Research Assistant Scholarship for M.A. Counseling Psychology
7. Appointed through unanimous vote as coordinator for African region of ICUDDR at Addis Ababa Ethiopia 2019

### **ADMINISTRATIVE POSITIONS HELD**

<b>S./NO.</b>	<b>YRS</b>	<b>PLACE OF WORK</b>	<b>ADMINISTRATIVE RESPONSIBILITY</b>
<b>1.</b>	<b>2020</b>	<b>Kenyatta University</b>	<b>Member Alcohol and Drug Abuse (ADA) workplace</b>

			<b>prevention committee of the university</b>
<b>2.</b>	<b>2020</b>	<b>Kenyatta university</b>	<b>Member committee on implementation COVID health and safety protocols in the university</b>
<b>3.</b>	<b>2020</b>	<b>Kenyatta university</b>	<b>Member committee on development of COVID protocols in preparations for university reopening during Covid</b>
<b>4.</b>	<b>2020</b>	<b>Kenyatta university</b>	<b>Chair committee on streamlining university online admission platforms</b>
<b>5.</b>	<b>2020</b>	<b>Kenyatta University</b>	<b>Chair committee on strengthening examination processes at School of Law</b>
<b>6.</b>	<b>2019</b>	<b>Kenyatta University</b>	<b>Member committee advising on addressing alcohol and Drug use in the university</b>
<b>7.</b>	<b>2019</b>	<b>Kenyatta University</b>	<b>Member- committee on development of policy on Postgraduate hostel</b>
<b>8.</b>	<b>2019</b>	<b>Kenyatta University</b>	<b>Member- committee on development of Disability friendly infrastructure for Ruiru Campus</b>
<b>9.</b>	<b>2019</b>	<b>Kenyatta University</b>	<b>Committee on planning of 10<sup>th</sup> Disability Awareness Day Committee</b>
<b>10.</b>	<b>2019</b>	<b>Kenyatta University</b>	<b>Committee on planning of UN Mother Language Day at Kitui campus</b>
<b>11.</b>	<b>2019</b>	<b>Kenyatta University</b>	<b>Member- committee on development of Tracer Study Policy</b>
<b>12.</b>	<b>2019</b>	<b>Kenyatta University</b>	<b>Member - committee on development of Stakeholder Engagement Policy</b>
<b>13.</b>	<b>2019</b>	<b>Kenyatta University</b>	<b>Member- committee on development of Benchmarking Policy</b>

14.	2019	Kenyatta University	Member-committee on development of Post Graduate Handbook
15.	2018 - Present	Kenyatta University (Dept. of Psychology)	Chairperson -Dept. Linkages , collaborations and Resource mobilization
16.	2018 - Present	Kenyatta University (Dept. of Psychology)	Member -Dept. Curriculum committee
17.	2018- Present	Kenyatta University (Dept. of Psychology)	Member- Dept. practicum and attachment committee
18.	2018 - Present	Kenyatta University (Dept. of Psychology)	Member- Dept. Postgraduate committee
19.	2018 - Present	Kenyatta University (Dept. of Psychology)	Member -Dept. ISO quality management monitoring and oversight committee
20.	2017- Present	Kenyatta University	Director-Directorate of Accommodation Services
21.	2012-2016	Kenyatta University	Chairperson, Psychology Dept
22.	2017- Present	Kenyatta University	Chairperson, Kenyatta University Wellness Center Board
23.	2012- present	Kenyatta University	Board member ,Confucius Institute
24.	2014- Present	Kenyatta University	Board member, Kenyatta University Wellness Center
25.	2011- Present	Kenyatta University	Staff Mentor
26.	2009- Present	Kenyatta University	Certified University ISO Internal Auditor (9001:2008/9001:2015)
27.	2015	Kenyatta University	Appointment as Champion on ISO 27001 Information Security Management System
28.	2015	Kenyatta University	Member – committee developing content for KUTV
29.	2014	Kenyatta University	Member of University Committee on Legal Aid Clinic Management
30.	2013	Kenyatta University	Resource person for Centre for Teaching Excellence and Evaluation



## **Other administrative positions Held**

1.	1997-1999	TSC-Kirimari high school	Deputy head teacher
2.	1993-1997	TSC-Kirimari high school	Head of Guidance and counseling

## **REFEREES**

**Dr. Muchiri Karega,**  
**Former Chairperson,**  
**Department of psychology**  
**Kenyatta University,**  
**P.O. Box 43844,**  
**Nairobi.**  
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**Former Chairperson,**  
**Dept. of Psychology**  
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**Executive Director**  
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