

# CURRICULUM VITAE



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[hayker2@yahoo.com](mailto:hayker2@yahoo.com)  
**BIRTH DATE:** 14<sup>th</sup> OCT 1971.  
**NATIONALITY:** KENYAN.  
**MARRITAL STATUS** MARRIED

## CAREER OBJECTIVE

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I aim to utilize my academic and professional qualifications in an enabling environment where am able to realize my full potential in a complementary manner to the other team members.

## PROFESSIONAL QUALIFICATIONS

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**M A., Geography (Urban and Regional Development Planning - Kenyatta University 2010)**

*Skills acquired:* Advanced Quantitative Techniques, Regional Planning Concepts, Research Methodology, Regional Development Concepts.

**BEd., Arts (Geography and Religion) Kenyatta University – 2000.**

*Skills acquired:* Teaching skills, Resource management, Intra and Inter personal relationships, Development concepts, Education Psychology and Development Concepts.

**Certificate in; Basic Incident Command System Course, Advanced Incident Command System Course, Incident Command System for Managers Course and Training of Trainers for ICS Course. (The Humanitarian Peace Support School – 11<sup>th</sup> – 20<sup>th</sup> October 2009)**

*Skills Acquired:* ICS skills, Management of Responders and Training of ICS Trainers.

**Cert., Leadership Development Course (Mt. Kenya School of Adventure and Leadership - 2005).**

*Skills acquired:* Leadership development skills and micro enterprise/business development and management.

**Cert., Health and Fitness Instructor's Course (Kenyatta University - 2003).**

*Skills acquired:* Customer care, personal hygiene and proper grooming, fitness programme design, personal training for clients with special needs.

## **CURRENT PURSUITS**

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PhD proposal writing to register at Kenyatta University in the department of Recreation Management and Sports Science.

## **SPORTS MEMBERSHIP**

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Curling Association of Kenya (CAKE) and in Feb 2008 represented Kenya at the 8<sup>th</sup> World Icestock sport Championships in Ritten, Italy

## **CONFERENCE PAPERS PRESENTED**

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**June 2010**, International Society for Comparative Physical Education and Sport (ISCPES) Conference at Kenyatta University.

**Paper:** An Analysis of Urban Residents' Participation in Outdoor Recreation in Urban Forested Areas: the case of Nairobi City, Kenya.

**December 2010**, East Africa Pre-University Games Conference at Kenyatta University.

**Paper:** An Analysis of Urban Residents' Participation in Outdoor Recreation in Urban Forested Areas: the case of Nairobi City, Kenya.

## **ONGOING RESEARCH**

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I am currently in the team conducting research sponsored by Agitos Foundation, Kenya National Paralympic Committee and Kenyatta University on The Current status of Sports for Persons with Disabilities in Kenya.

## **PUBLICATIONS**

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Title: OUTDOOR RECREATION IN URBAN FORESTS

Number: 29126

ISBN: 978-3-8465-0287-7

Year: 2011

## **WORK EXPERIENCE**

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**2001, Aug to date**

**Kenyatta University (Health and Recreation Centre)**

**Activities: Manager.**

- Reporting to the chairman department of Physical and Health Education on the day to day running of the centre.
- Allocating, Coordinating and Supervising work to the staff in the centre.
- Planning, organizing & directing marketing campaigns of the centre.
- Quality control & operations management and evaluation of feedback forms from clients.
- Designing fitness programmes for KU students and Staff, reviewing progress and advising on diet tips.

## **TEACHING EXPERIENCE**

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**2011 August to date**

**Faculty:** Arts and Humanities (Chuka University College)

**Units Taught:** PGEO 331 Agriculture and Pastoralism

PGEO 231 Physical Environment

PGEO 0166 Physical Environment

**2011 May to date****Department:** Physical and Health Education (Kenyatta University)**Unit Taught:** SPE 101 History and Philosophy of Physical Education and Sport.**2010, December to date****Department:** Geography (Mount Kenya University)**Units Taught:** Geography of East Africa  
Geography of Development  
Techniques in Geography I  
Techniques in Geography II**2010 May 2010 to date****Department:** Tourism Management (Kenyatta University)**Units Taught:** TSA 018 Outdoor Camping  
: TSA 111 Outdoor Camping  
: TSA 301 Tourism Recreation and Environment  
: TSA 306 Leisure and Recreation  
: TSA 405 Sports Tourism Development**2010 January To date****Department:** Recreation Management and Exercise Science (Kenyatta University)**Units Taught:** HLR 027 Sports, Politics and Economy  
: SLR 105 Sports, Leisure and Environment  
: HLR-003 Sports Personnel Management**PROFESSIONAL TRAININGS FACILITATED**

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**2011, 17<sup>th</sup> October****Grade 11 and 12 Students****Braeside School**

Facilitated a peer and leadership training session with main theme of action with responsibility.

**2011, 25<sup>th</sup> September****Grade 10 Students****Braeside School**

Facilitated a peer and leadership training session with main theme of action with responsibility.

**2010 July/August****Mt. Kenya School of Adventure and Leadership**

Facilitated a leadership development course to the Kenya Military Cadet Officers covering on; proper resource allocation, utilization and management, Effective communication, problem solving, proper time management, effective leadership, Environmental care, Team work, public relations and conflict management and resolution.

**2010, 11<sup>th</sup> and 12<sup>th</sup> July**

**Taita Hills Lodge**

Facilitated a Team Building Programme for 54 management level employees of Sara Lee Household and Body Care-Kenya focusing on Effective Communication, Leadership Development, Proper Resource Allocation and Utilization, Problem Solving and Effective Time Management among other Concepts.

**2010, 25<sup>th</sup> – 30<sup>th</sup> January**

**Ray YOUTHS**

Conducted a five days workshop for 150 Youths on the use of teambuilding activities in passing lessons on HIV/AIDS covering; Abstinence, Keeping Safe, Use of ARVs, Accommodating people living with HIV/AIDS, Awareness campaigns among other Aspects.

**2009 Feb 21<sup>st</sup>**

**KENYA COMMERCIAL BANK PRESTIGE BRANCH**

Took the branch's employees through a Team building Programme emphasizing on skills in effective communication, breaking barriers and change of attitude, teamwork, customer care/public Relations, and planning/resource allocation

**2009 Jan 9<sup>th</sup>**

**Co-operative Insurance Company of Kenya Ltd.  
Teambuilding**

Took the company's employees through a team building programme emphasizing on skills in effective communication, breaking barriers and change of attitudes team work, customer care/public relations, and planning/Resource utilization and allocation

**2008 May 13<sup>th</sup>**

**Sichangi and Company Advocates**

**Team Building**

Took the company's employees through a team building programme instilling in them skills in effective communication, breaking barriers and change of attitudes team work, customer care/public relations and planning/Resource allocation.

**2007 Dec 12<sup>th</sup>**

**Kenya Commercial Bank, Moi Avenue Branch**

**Team Building**

Took the company's employees through a team building Programme instilling in them skills in effective communication, breaking barriers and change of attitudes team work, customer care/public relations and planning/Resource allocation.

**2007 Dec 8<sup>th</sup>**

**Barclays Bank, South C. Branch**

**Team Building**

Took the company's employees through a team building Programme instilling in them skills in effective communication, breaking barriers and change of attitudes team work, customer care/public relations and planning/Resource allocation.

**2007 Nov 17<sup>th</sup>**

**Dyre and Blair Investment Bank**

**Team Building**

Took the company's employees through a team building programme instilling in them skills in effective communication, breaking barriers and change of attitudes team work, customer care/public relations and planning/Resource allocation.

**2006 Sept. to Oct.**

**MT. Kenya School of Adventure and Leadership.**

**Position: Facilitator.**

- Successfully facilitated a leadership development course to the Kenyan Administrative Police cadets, covering on; proper resource allocation, utilization and management, Effective communication, problem solving, proper time management, effective leadership, Environmental care, Team work, public relations and conflict management and resolution.

**2005 Aug to Sept.**

**MT. Kenya School of Adventure and Leadership.**

**Position: Asst. Facilitator.**

- Successfully facilitated a leadership development course to the Kenya Administrative Police cadets, covering on; proper resource allocation, utilization and management, Effective communication, problem solving, proper time management, effective leadership, Environmental care, Team work, public relations and conflict management and resolution.

## **2005 April to May.**

### **MT. Kenya School of Adventure and Leadership.**

#### **Position: Asst. Facilitator.**

- Successfully facilitated a leadership development course to the Kenya Police cadets, covering on; proper resource allocation, utilization and management, Effective communication, problem solving, proper time management, effective leadership, Environmental care, Team work, public relations and conflict management and resolution.

## **SELF APPRAISAL**

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I am a self-motivated & results-oriented individual with an incredible work ethic. My communication & inter-personal skills are excellent & I consider this an asset in my everyday interaction with people from all walks of life.

In a team situation, I recognize every individual as an important part of the whole, & the significant role each one has to play in achieving ultimate organizational goals.

Diligence, honesty, enthusiasm & quality service are the hallmarks of my character.

## **APTITUDES**

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- Training (Teaching/Instruction/Coaching).
- Communication (Oral/written/listening).
- Negotiation skills.
- Organization & management.
- Team leadership & management [Planning, coordination & directing].
- Public speaking (presentation).
- Networking and partnering initiatives.

## **REFEREES**

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Dr. John Paul Oyore,  
Chairman,  
Department of Community  
Health.  
Kenyatta University,  
P.O. Box, 43844 – 00100  
Nairobi.  
Tel: 0722- 335878

Dr. Muigai, David  
Lecturer,  
Dept' of Recreation,  
Kenyatta University  
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Dr. Calvin Kayi, PhD,  
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