

# FAITH MUENI MASAMBIA

P.O Box 6130-00100 Nairobi, Kenya

Email: [faithmueni88@gmail.com](mailto:faithmueni88@gmail.com)

---

## Education

### **M.A/Eds Counseling Psychology**

*August, 2011 - May, 2014*

Clinical Mental Health Counseling

*James Madison University, Harrisonburg Virginia*

Eds project: ***Embracing Counseling and Psychotherapy in Kenya***

### **Bachelor of Arts in Social Sciences**

*August, 2006 - Dec, 2010*

*Moi University, Eldoret, Kenya*

(Major Psychology and Minor Sociology & Community Development)

---

### **Kenyatta University**

**Tutorial Fellow, Department of Psychology**

*April 2016 -Present*

Teaching undergraduate psychology classes and providing administrative help to department as needed.

## Experience

### **Nairobi Mental Health Clinic/ Nairobi Parenting Clinic Mental Health Consultant**

*October 2014 - Present*

- Providing mental health consulting services for clients with different mental health needs
- Conducting psychosocial and psychological assessments
- Providing psycho-education to families and caregivers of clients living with mental illness
- Conducting parenting skills training, individual counseling, group counseling and couples counseling

### **Crossroads Counseling Center, Harrisonburg Virginia**

*July 2014 – July 2015*

**Assistant Program Coordinator –Mental Health Skill -Building Service**

- Working with older adolescents and adults who have chronic mental health issues that directly impacts independent living.
- Conducting eligibility and psychosocial intake assessments for low income clients and ensuring such documents meet the agency policy and state regulations.
- Provides skill training aimed towards independence living in areas such as, employment, budgeting, activities of daily living and medication management.
- Provide group and individual counseling
- Develop individualized service plans in coordination with mental health support specialists
- Consulted with local and state agencies on best practices in mental health
- Advocated for clients with mental health issues

### **Commonwealth Center For Children and Adolescents, Staunton Virginia**

*December 2014- June 2015*

**Part Time Intake and Admission Coordinator**

- Managed referrals and screening of paperwork for individuals seeking admission to the commonwealth center
  - Coordinated Intake and Admission Calls
  - Conducted interviews with children and Families to obtain applicable intake and admission information
  - Provided triage during crisis to determine need for admission or diversion for treatment
  - Consulted with community services boards, community contacts, clients and their families to ensure continuity of care
-

# FAITH MUENI MASAMBIA

P.O Box 6130-00100 Nairobi, Kenya

Email: [faithmueni88@gmail.com](mailto:faithmueni88@gmail.com)

---

## Experience

### **Counseling & Student Development Center, James Madison University** **Ed.s Extern – 900 hours**

*August, 2013 – May 2014*

- Provided 20-30 hours of weekly therapeutic intervention services to college students by utilizing individual counseling and group counseling sessions.
- Conducted intake assessments, crisis intakes during emergency coverage
- Participated in professional development, diversity meetings and case conference to further understand the needs of the student population and how to better serve them.
- Consulted with various academic departments on various how to approach various social issues in their classes i.e gender issues, race issues and poverty
- Collaborated in providing psycho-education through various outreach activities that involved informing the JMU community of the services offered at the counseling center and how to get connected.

### **Office of International Programs, James Madison University** **Graduate Assistant**

*August 2011- July 2013*

- Collaborated with a team of 6 people to provide services and activities for International students to help them be integrated into the JMU community by various organizing programs and events.
  - Communicating with prospective and admitted international students and acted as an orientation leader for international students by leading small group discussion and providing campus tours
  - Designed and ran the Conversation Partner Program that helps International students who speak English as second language practice their conversational skills with US students
- Worked as a Study broad assistant for the Kenya Field School program where I supervised a team of 6 students on study abroad at an internship site in Kenya.

### **Africa Medical Research Foundation (AMREF-Kenya)** **Intern- Clinical and Outreach Program**

*March 2011- August 2011*

- Collaborated in the Safe Motherhood Project to educate mothers in rural areas of Kenya on safe motherhood practices in an initiative to decrease maternal and child mortality rates
- Counseled individuals, families, and groups during medical camps
- Provided psycho-education on safe-motherhood practices to mothers and community health workers during outreach initiatives

### **Mathari National Mental Referral Hospital, Kenya** **Intern- Drug Rehabilitation Center**

*May 2010- August 2010*

- Collaborated in carrying out individual rehabilitative therapy, facilitation of group therapy and designing day to day activities for patients on drug rehabilitation.

### **Kenyatta National Hospital, Kenya** **Intern- Patient Support Center**

*May 2009- August 2009*

- Conducted patient history taking, initial assessments, follow up counseling on patients and individual counseling for adolescents.
- Provided pre-test and post-test counseling for HIV/AIDS patients.
- Facilitated HIV/AIDS and Drug and Substance abuse support groups

### **Sacred Training Institute, Kenya**

*May 2008- August 2008*

#### **Teaching Assistant**

- Served as a teaching assistant for Research Methodology and Substance abuse classes.
- Collaborated with professors in developing curriculum for these two classes.

# FAITH MUENI MASAMBIA

P.O Box 6130-00100 Nairobi, Kenya

Email: [faithmueni88@gmail.com](mailto:faithmueni88@gmail.com)

---

<b>Professional Development</b>	<b>International Student Leadership Conference</b>	<i>March 2012, March 2013</i>
	Involved in the preparation and facilitation of the Annual International Students Leadership conference held every year at JMU.	
	<b>Motivational Interviewing</b>	<i>June 2012</i>
	Attended a Motivational Interviewing Training Session during the Annual JMU counseling program summer institute and earned 12 contact hours	
	<b>Child Parent Relationship Therapy Training</b>	<i>April 2013</i>
	Participated in a two-day workshop that focused on the dynamic relationship facets of training parents to be therapeutic agents in their children's lives. Using a format of didactic instruction, demonstration play sessions, required at-home play sessions, and supervision, parents are taught basic child-centered play therapy principles and skills including tracking, responsive listening, reflecting feelings, returning responsibility to children, the ACT model of limit setting, building children's self-esteem and how to structure weekly 30-minute play sessions with their children using a special kit of selected toys.	
	<b>Intergroup Dialogue</b>	<i>Summer 2012, Fall 2013</i>
Involved in dialogue on race and gender diversity issues on the JMU campus. Earned 12 contact hours.		
<b>Psychological First Aid Training</b>	<i>May 2014</i>	
Evidenced informed modular approach training to help children, adolescents, adults and families in the immediate aftermath of disaster and terrorism. Training designed to help reduce initial distress caused by traumatic events and to foster short-term and long term adaptive functioning and coping		
<b>Anxiety Disorders in Children &amp; Adolescents</b>	<i>October 2014</i>	
Participated in an evidenced based training in recognizing and treating anxiety disorders in children and adolescents.		
<b>Virginia Counselors Association</b>	<i>August 2011 - Present</i>	
<ul style="list-style-type: none"><li>November 2013, Attendee</li></ul>		
<b>American Counselors Association</b>	<i>February 2014 - Present</i>	
<ul style="list-style-type: none"><li>March 2014, Attendee</li><li>Selected to be a member of the American Counseling Association's International Student Panel where I presented on global issues in counseling and psychotherapy with specific focus on Kenya</li></ul>		

---

<b>Technical Skills</b>	MS Office proficient, Statistical Package for Social Science –SPSS
-------------------------	--------------------------------------------------------------------

---

<b>Involvement</b>	JMU Graduate Student Association – Clinical Mental Health Counseling Representative
--------------------	-------------------------------------------------------------------------------------

# FAITH MUENI MASAMBIA

P.O Box 6130-00100 Nairobi, Kenya

Email: [faithmueni88@gmail.com](mailto:faithmueni88@gmail.com)

---

## References

Jonathan Kratz  
Assistant Director International Students and Scholar services  
Office of International Programs  
James Madison University  
Telephone: 540-568-5978  
Email: [kratzjx@jmu.edu](mailto:kratzjx@jmu.edu)

Lennis G. Echterling, Ph.D.  
Department of Graduate Psychology  
70 Alumnae Drive, MSC 7401  
James Madison University  
Harrisonburg, VA 22807  
Office Phone: 540-568-6522  
Email: [echterlg@jmu.edu](mailto:echterlg@jmu.edu)

Dr. Catherine Syengo-Mutisya  
Nairobi Parenting Clinic  
Phone: +254 714 203659  
Email: [catherinemutisya@gmail.com](mailto:catherinemutisya@gmail.com)

Ms. Jennifer Gatebi  
Project Assistant  
AMREF (KCO) – Outreach Center  
Nairobi, Kenya  
Telephone (cell): +254 729 962210  
Email: [jennifer.gatebi@amref.org](mailto:jennifer.gatebi@amref.org)

---