

## CURRICULUM VITAE FOR DR. OTEYO JOHN SAMSON



### 1. Personal Data

<b>Name:</b> Oteyo John Samson
<b>Title/Qualifications:</b> PhD (Counseling Psychology)
<b>Department/Unit/Section:</b> Humanities and Social Sciences-Department of Psychology
<b>Contact Address:</b> <b>Office:</b> P. O. BOX 43844-00100 Nairobi, Kenya <b>Home:</b> PO BOX 1495, Nakuru. <b>Email:</b> oteyo.john@ku.ac.ke/samsonoteyo@yahoo.com/samsonoteyo@gmail.com
<b>Cel. Phone:</b> 254-725237845
<b>Position:</b> Lecturer
<b>Career Objective:</b> To work both at individual and corporate capacity towards making the world better, safer, secure, humane, informed and more conducive to individuals and communities.
<b>Area of Specialization:</b> Substance Abuse and Addiction Counseling, Developmental Psychology, Health Psychology and Peer Mentorship and Counseling
<b>Research Interests:</b> Resiliency, Co-occurrence of Health Risk Behaviors, Alcohol, Tobacco and Other drug (ATOD) Use in Special Population, Translating Research into Practice (TRIP) Programs, Effectiveness of Peer Oriented Approach (POA) Programs and Community based Participatory Programs, Palliative Care and Psychological Issues.

## 2. Conference Presentations

S/No	Presenter	Title of Paper presented	City/Country	Date of Conference	Funding (US\$)
1.	<b>Oteyo J.</b> , Kariuki Mary & Mwenje M.	Linkage effects of risk factors on alcohol, tobacco and other drugs behaviors among secondary school students of Kiambu and Nairobi counties, Kenya	Egerton university, Kenya	15 <sup>th</sup> November, 2013	Self
2.	<b>Oteyo J.</b> , Kariuki M., Mwenje, M.	Influence of family risks and assets on alcohol, tobacco and other drugs behaviors among secondary school students in Kiambu and Nairobi Counties, Kenya	Kabarak university Nakuru, Kenya	15-18 <sup>th</sup> October, 2013	Self
3.	Mary Kariuki, <b>Oteyo J</b> & Morris Kamenderi	Effectiveness of Community based Prevention Efforts on Alcohol Abuse in Muranga East District, Kenya Conference: 2 <sup>nd</sup> National Conference on Alcohol and Drug Abuse Theme: The Youth and Drugs: A call for Action	Moi Sport Center Kasarani Gymnasium Nairobi, Kenya	10-13 <sup>th</sup> June, 2013	393 (NACADA)
4.	Wasanga C & <b>Oteyo J</b>	Nurturing the Seed of Peace: The Making of Peace Laureates and Lessons Learnt Theme: Peace Agenda for Kenya "Psychological Preparedness for the General Elections	Kenya Institute of Education, Nairobi	29-30 <sup>th</sup> November, 2012	54 (Self)
5.	<b>Oteyo J</b> & Musili P	Hidden Patients in Palliative Care Conference: 3 <sup>rd</sup> Kenya National Palliative Care Conference Theme: Strengthening Health Systems by Integrating Palliative Care	Sarova Panafric Hotel, Nairobi -Kenya	12 <sup>th</sup> -14 <sup>th</sup> September, 2012	298 (Self and Musili)
6.	Wasanga C. & <b>Oteyo J</b>	Peers and siblings effects on Alcohol and Cigarettes Use among Male Students in Nakuru Municipality, Kenya Conference: 30 <sup>th</sup> International Congress of Psychology Theme: Psychology Serving Humanity	Cape Town, South Africa At Cape Town International Convention center	22 <sup>th</sup> -27 <sup>th</sup> July, 2012	1881 (Wasanga)

5.	<b>Oteyo, J. &amp; Wasanga C</b>	Influence of Self Esteem on Alcohol and Cigarette Use among Public Day Secondary Male of Nakuru Municipality, Kenya. Conference: 2 <sup>nd</sup> Kenyan Guidance, Counseling and Psychological Association	Egerton University Njoro-Kenya	16-17 <sup>th</sup> December, 2011	
6.	<b>Oteyo J. &amp; Kariuki M.</b>	Co-occurrence of Current Alcohol Use and Mental Health of Adolescents among Secondary Students of Nakuru County, Kenya. Conference: 1 <sup>st</sup> Annual Kabarak University International Conference	Kabarak University- Nakuru Kenya	12-14 <sup>th</sup> October, 2011	
7.	<b>Oteyo J., Kariuki, M. &amp; Mumiukha C.</b>	Mental Health of Adolescents: Exploring Association between Current Alcohol Use and Mental Health of Secondary School Students of Nakuru County, Kenya. Conference: 37 <sup>th</sup> Annual Alcohol Epidemiology Symposium of the Kettil Bruun Society	11 to 15 April 2011	CQ Function Centre Melbourne Australia.	
8	<b>Birgen J. &amp; Oteyo J.</b>	Turning Point: Support or blame alcoholics. A case Study of Alcoholics in Selected Rehabilitation centers in Nairobi, Kenya Conference: National Alcohol Drug and Substance Abuse Research Workshop	29 <sup>th</sup> -30 <sup>th</sup> March 2011	KIA-Nairobi, Kenya	200
9	<b>Mary Kariuki &amp; Oteyo J</b>	Co-occurrence of Sexual Behavior with Alcohol, Tobacco	15 <sup>th</sup> -18 <sup>th</sup> November,	Speke Resort Munyonyo in	520

	(November 2010).	and Other Drugs Use among Secondary School Students of Nakuru District, Kenya Conference: 36 <sup>th</sup> Annual Alcohol Epidemiology Symposium of the Kettil Bruun Society	2010	Kampala Uganda.	
10	Mary Kariuki & <b>Oteyo J</b>	The Influence of Parental Monitoring and Support on Alcohol, Tobacco and Other Drug Use among Secondary Students in Nakuru District, Kenya Conference: Egerton University Fifth Annual Research Week and International Conference	22-24 September 2010.	Egerton University, Njoro Kenya	
11	Kariuki M, Ndege P & <b>Oteyo J</b>	Association between Alcohol, Tobacco and Other Drug Use and Bullying among Secondary School Students in Nakuru District, Kenya Conference: National Institute of Drug Abuse (NIDA) International Forum and College on Problems of Drug Dependence Conference (CPDD)	11-17 June 2010	Fairmont Scottsdale Hotel, Scottsdale, Arizona, USA	

### 3. Research

S/ No	Researcher	Year	Title	Donor	Funding (US\$)
1.	<b>Oteyo &amp; Muchiri Karega</b>	2015	Family as hidden patients in addictive and palliative contexts	Self	
2.	Lucy Maina, <b>Oteyo John,</b> Wasanga C.	2015	Assessment of the level of Alcoholic Drinks Consumption and related Deaths in the Country	Applied to NACADA for funding	
3.	Maathai Susan & <b>Oteyo John</b>	2014-15	Assessment of Prevention Measures Mitigating Alcohol Abuse among Youths in Motor bike Operator Informal Sector Kiamaina and Kabatini Wards of Bahati Sub- County, Nakuru County, Kenya	NACADA	1190
4.	<b>Oteyo J &amp; Musili P</b>	2012	Psychological Issues affecting Terminally Ill, Family Members and Service Providers in Palliative Care	Self	
5.	<b>Oteyo S. John,</b> Kariuki M & Mwenje M	2010-2013	Effects of Risk and Promotive Factors on Alcohol, Tobacco and Other Drug among Public Secondary Students in Kiambu and Nairobi, Kenya	Self	
6.	Kariuki M & <b>Oteyo J</b>	2011-2013	Translating Research into Practice (TRIP) Initiative: Effectiveness of Community Based Prevention and Support Program, Nakuru County, Kenya	Self	
4	Kariuki M, Joseph Schumarcher J, Ndege P & <b>Oteyo J</b>	2009-2013	Prevalence of Drug and Alcohol Use among Secondary School Students: Preliminary Study for SASA POA (Students Against Substance Abuse, Peer Oriented Approach) Prevention Program in Nakuru District	Kariuki & Self	

	<b>Oteyo J &amp; Kariuki M</b>	2007 to 2009	Extent to which Selected Factors Contribute to Alcohol and Cigarette Use among male Students of Nakuru Municipality, Kenya	Self	
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#### 4. Funded projects

S/ No	Researcher	Year	Title	Granting Body	Funding (US\$)
1.	Dr. Marie Kariuki & <b>Oteyo J.</b>	June, 2012	Translating Research into Practice:Effectiveness of Community based Prevention and Support programs	NACADAA (Kenya )	11, 905

#### 5. Publications

S/No.	Author	Year	Title	Journal	ISBN/ISSN Reference No.
1.	<b>Ogecha I. &amp; Oteyo J. S.</b>	November, 2014	Influence of Family Structure on Sexual Behavior of Primary School Girls of Nakuru Town Nakuru County, Kenya	<i>Research Journal in organizational psychology and educational studies</i> , 3(6), 446-455 available <a href="http://www.emergingresource.org">www.emergingresource.org</a>	ISSN:2276-8475
2.	<b>Oteyo J.S. &amp; Mwenje M.</b>	July, 2013	Current Alcohol use and Mental	<i>Journal of Special Needs and Disabilities Studies</i> , 1, 129-138.Available on line at	ISSN:2305-

			Health of Adolescents among Secondary School Students in Nakuru County, Kenya	<a href="http://www.nap.co.ke">http://www.nap.co.ke</a>	2619
3.	<b>Oteyo J.S.</b> , Kariuki M. & Mwenje M.	March, 2013	Co-occurrence of Alcohol, Tobacco and Other Drugs among Secondary School Students in Kiambu and Nairobi Counties Kenya	<i>International Journal of Education and Research</i> 1(3). Available on line at <a href="http://www.ijern.com">www.ijern.com</a>	ISSN 2201-6333 (Print) ISSN 2201-6740 (Online)
4.	Wasanga Christine & <b>Oteyo, J. S.</b>	July, 2012	Peers and Siblings Effects on Alcohol and Cigarette Use among Secondary School Male Students in Nakuru Municipality, Kenya.	Michele R. (Ed.). <i>International Journal of Psychology</i> Vol. 47 (Supplement 1), p.440.	ISSN 0020-7594
5.	Kariuki M. W. & Ndege P. K. <b>Oteyo, J. S.</b>	(Sep-November 2010).	Alcohol, Tobacco and Other Drug (ATOD) Use and Bullying among High School Students in Nakuru District, Kenya	<i>International Journal of Professional Practice</i> 1(1): pp. 75-82 Kenya Methodist University Publication. Available online <a href="http://www.kemu.ac.ke">www.kemu.ac.ke</a>	ISSN 2218-7278
6.	<b>Oteyo J. S.</b> & Kariuki, M.W.	(June, 2009).	The Extent to which Selected Factors Contribute to Alcohol and Cigarettes among Male	<i>Educational Research and Reviews</i> 4(6) pp 327-333 available online at <a href="http://www.academicjournal.org/ERR">http://www.academicjournal.org/ERR</a>	ISSN 1990-3839

			Students of Public Day Secondary Schools of Nakuru Municipality, Kenya in		
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#### 6. Consultancy and community service

S/No.	Consultant (s)	Consulting Person/ Body/ Organization	Year	Title Consultancy Service	Payment (US\$)
1.	Oteyo John and KUPSA	Good Hope rehabilitation and Children Home	7& 8 February, 2015	Psychosocial education and counseling and food assistance	Probono
2.	Oteyo John and KUPSA	Ruiru Rehabilitation center	30 January, 2015	Psychosocial education and counseling and food assistance	Pr obono
3.	Oteyo John and KUPSA	Muranga Rescue Center	September, 2014	Psychosocial education and counseling and food assistance	Probono
4.	Oteyo John	Thika School of the Blind	September, 2014	Alcohol and Drug substance abuse	60
5.	Oteyo John and KUPSA	Kabete Remand Home	21 <sup>st</sup> June, 2014	Psychosocial education and counseling and food assistance	Probono
6.	Oteyo John and KUPSA	Compassion international development center Mwingi	31 <sup>st</sup> May, 2014	Psychosocial education and counseling and food assistance	Probono



7.	<b>Oteyo John</b> and KUPSA	Nakuru Children Remand Home	9 <sup>th</sup> November, 2013	Psychosocial education and counseling and food assistance	Probono
8.	<b>Oteyo John</b> and KUPSA	Merciful Redeemer Children, Kitengela	9 <sup>th</sup> March, 2014	Psychosocial education and counseling and food assistance	Probono
9.	<b>Oteyo John</b> & KUPSA students	Heritage of Hope and Faith Children Rehabilitation Center Mlolongo	29 <sup>th</sup> June, 2013	Psychosocial education and counseling and food assistance	Probono
10.	<b>Oteyo John,</b> KU wellness Center and NACADA	NACADA and KUWEC	26 <sup>th</sup> June, 2013	World day of anti-drug abuse: Walk from Nyayo stadium to City stadium	Probono
11.	<b>Oteyo John</b> & KUPSA students	Thika Rescue Center	1 <sup>st</sup> October, 2012	Psychosocial education and counseling and food assistance	Probono
12.	<b>Oteyo John</b>	Kenya Utalii College, Main Campus Nairobi	4 <sup>th</sup> September, 2012	Alcohol and Substance Abuse during first year matriculation 2012	85
13.	<b>Oteyo John</b> Agnes Thangi & KUPSA	Good Samaritan Children Home, Mathare Slum, Nairobi	8 <sup>th</sup> July, 2012	Psychosocial education and counseling and food assistance	Probono
14.	<b>Oteyo John</b> Agnes Thangi & KUPSA		May 2012- Present	KU FM radio –Launch and participation in <i>Psyche Show</i> program every Wednesday	Probono
	<b>Oteyo John</b> (co-founder) & Agnes Thangi	Hope Counseling and Motivational Center (HCMC)	March, 2012	Career G& C, life skills training, Peer & Substance Abuse Counseling	
15.	Oteyo John	Mt Kenya University –Nakuru Campus	January: 2012	Adjusting to Campus life during the Orientation of First	60

				Year Undergraduate Students	
	Oteyo John	Kenyatta University Psychology Students Association (KUPSA)	2012	Drug Education and Prevention Talk	
16.	Oteyo John	Mt Kenya University-Thika Campus	May: 16-20 <sup>th</sup> 2011	Role of Support Groups in Drug Relapse Cases during Alcohol and Drug Abuse awareness week.	60
17.	Oteyo John	Rongai Constituency Teachers Network (RCTN), Community Based Organization concerned with HIV/AIDS awareness campaign:	August 2008- Present	Basic Counseling Skills and Life Skills	
18.	Kariuki M, Joseph Schumarcher J, Ndege P & <b>Oteyo John (co-founder)</b>	Students Against Substance Abuse (SASA): Peer Oriented Approach (POA); Initiative that is on pilot stage and concerned with campaign against Alcohol, Tobacco and Other Drug (ATOD) use in Nakuru District Kenya:	January: 2009- Present	Drug Sensitization Club	Probono
19.	Oteyo John	Sangawani Fire Tragedy Site:	February-May 2009	Volunteer Counsellor-	Probono
20.	Oteyo John	Nakuru Showground IDP	January – August 2008.	Psychosocial Counselor	Probono

		(Internally Displaced People) Camp, Kenya:			
21.	Oteyo John	Nakuru Youth Friendly Center, Kenya:	June- August 2007	Youth Counselor	Probono

#### 7. Affiliation to Professional Bodies

S/No	Name of professional body
1.	Kenyan Guidance, Counseling and Psychological Association (KGCPA)
2.	American Psychological Association-International Affiliate Membership: APA ID: 33027760

#### 8. National and International awards and Recognitions

S/No	Name of award or Recognition	Awarding Organization/Body	Year
1.	Award of Excellence- Most Improved Club Award	Kenyatta University Student Association in collaboration with Director Students Affairs	20 <sup>th</sup> March,2015
2.	PHD Scholarship	Higher Education Loan Board(HELB)	2010

**9. External Examination (if any)**

<b>S/No</b>	<b>Institution</b>	<b>Year</b>
1.	Practicum Coordinator-Mt Kenya University, Nakuru Campus	2009-2011
2.	Senior Examiner (Team Leader)-Kenya National Examination Council	2004-Present

**10. Supervision of postgraduate students (if any)**

<b>S/No</b>	<b>Name of student</b>	<b>Thesis title</b>	<b>Status of project(e.g.First year etc)</b>
1.	Zipporah Muswii	Parental Influence on Cigarette Smoking among Secondary School Students in Kilungu District Makueni County, Kenya.	M.A. Graduated
2.	Chege	Effects of guidance and counseling services on academic performance of secondary school students in Nyandarua County	M.A. Defended
3.	Eunice Ngina Kangethe	psychosocial factors leading to school dropout among secondary school girls in ndia division, Kirinyaga County, Kenya candidate's name:	M.A Defended
4.	Fabio Ogachi	Relationship between depression and internet addiction among university students in Kenya	MA Defended
5.	Mutira Margaret Kalau	Effects of drug to academic performance in secondary schools in Nairobi	M.A Proposal development
6.	Ngungu Anne	Rehabilitation of drug addicts: An analysis of effectiveness of rehabilitation approaches and	M.A.Proposal development

		processes	
7.	Richard Kithome	Effectiveness of intervention and treatment of alcoholism in Africa inland churches in Nairobi	M.A. Proposal development
8.	Gerald Muema	Assessment of substance abuse counseling among adolescents	M.A. Defended
9.	Jane Wambui Mwai	Risk factors and vulnerability to alcohol abuse of teachers in Kiambu county	M.A. Proposal development
10.	Anna Ngaluma	Men's levels of awareness on social effects of alcohol	M.A. Proposal development
11.	Elizabeth Wanjiku Kariuki	Effectiveness of drug abuse intervention mechanism on secondary schools in Embu county	M.A. Proposal development
12.	Joseph Maina	Psychosocial challenges facing recovering alcoholics in alcohol rehabilitation centers in Kiambu county	M.A. Proposal development

**11. Patents (if any)**

<b>S/No</b>	

**12. Administrative positions held to date within Kenyatta University**

1. School of Humanities and Social Science- E- Learning Coordinator- September 2014-Present

2. Acting post graduate chair: 15<sup>th</sup> July- 15<sup>th</sup> August, 2013
3. Acting examination coordinator :15<sup>th</sup> June -14<sup>th</sup> July 2013
4. Linkages School of humanities board member:14<sup>th</sup> August, 2013-present
5. School of humanities representative in career week preparation 2014
6. Coordinator of linkages and collaborations (2012-2014)
7. Coordinator of Research and Consultancy (2014-Present)
8. Patron-Kenyatta University Psychology Students Association
9. Patron-I-MOTIVATE Club
10. Member of the following Departmental Committees: Research and consultancies, linkages and collaborations, community services, academic advising, anti corruption committee, ISO departmental committee and Staff Welfare.
11. Supervisor-Undergraduate Students and postgraduate students
12. Student Mentor

#### REFEREES

1. Dr. Beatrice Kathungu  
Chairperson of Department of Psychology, Kenyatta University  
PO BOX 43844  
Nairobi  
254-727893955
2. Dr. Wasanga Christine  
Director of Teaching Excellence and Evaluation  
Kenyatta University.  
PO BOX 43844  
Nairobi  
+254-721355108
3. Prof Mary Kariuki  
Chairperson, Department of Psychology, Counselling and Education Foundation  
P.O Box 536,

Egerton, Kenya.  
Mobile: +254-734748320/ +254-712838488

4. Dr. Mwenje Margaret  
Senior Lecturer,  
Karatina University  
+254-725123553