

## **CURRICULUM VITAE**

**Dr. Thomas Njoroge Kinga,**

Date of Birth: 1977  
Nationality: Kenyan  
Marital Status: Married  
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### **EDUCATION BACKGROUND**

2008- 2 013      Doctor of philosophy (Ph.D)- Counselling Psychology  
                         Egerton University, Njoro.

2003 – 2006      Faculty of Education and community studies  
                         Master of Education (MEd) in Guidance and Counselling  
                         Egerton University, Njoro

1996- 2000      Bachelor of Education (ARTS)  
                         Major: English and Literature  
                         Egerton University, Njoro

### **WORK AND PROFESSIONAL EXPERIENCE**

**December 2014- Present: Lecturer, Kenyatta University.**

**Department of Psychology**

#### **Responsibilities**

- Examination coordinator- Department of psychology
- Associate Coordinator, Research, Consultancy and Seminars Committee.
- Member, Post graduate committee.
- Member, committee on professional development for teachers in Rwanda
- Teaching Courses in Psychology /Counselling at both Undergraduate and Post graduate programmes including: Research Methodology in Social Sciences, Substance Abuse Counseling, Assessment Procedures in Counselling.
- Supervising practicum for Masters and PhD candidates
- Mentoring and supervising Post Graduate Students' Research.

**April 2011- Dec 2015: Lecturer, Maasai Mara University**

**Responsibilities**

- Students Counsellor
- Coordinator – Department of Psychology, Counseling and Education Foundations.
- Coordinator- School Based Programme- Kilgoris Campus
- Course allocations for under graduate and post graduate programmes
- Teaching Courses in Psychology /Counselling in Undergraduate, Masters and Ph. D programmes
- Mentoring and supervising Post Graduate Students' Research. Supervising 8 post graduate students who have successfully defended their proposals/thesis
- Internal examiner for post graduate students.
- Participated in making curriculum for Ph.D - Educational Guidance and Counselling Programme of Maasai Mara University.
- Participated in review of curriculum for B.Ed - Guidance and Counselling Programme of Maasai Mara University.
- Assessment of practicum for Masters of Education, Guidance and Counselling Students.

**2012-2013: Part time Lecturer**

**Kenyatta University, Department of Psychology**

**Responsibilities**

- Taught and examined courses in undergraduate and Masters programmes

**2008- April 2011 : Lecturer, Africa Nazarene University. Departments of Education and Counselling Psychology**

**Responsibilities**

- Student Advising, guidance and counselling
- Facilitating teaching of distance learning students spread across Kenya
- Lecturing courses in counseling psychology , counseling and Education.
- Participated in developing curriculum for Master of Education Degree.
- Setting and internal moderation of examinations.
- Developed 4 modules for teaching school based and distance learning students.
- Coordinating teaching practice.

**August 2008- December, 2008: Part-time Lecturer, Egerton university, Department of Education psychology, Counseling and Education Foundations.**

**Responsibilities**

- Lecturing courses in Education Psychology and counseling, Learners with special needs.
- Assessment

**April 2005 – 2008: Part-time Lecturer – University of Nairobi Center for Extra Mural Studies**

**Responsibilities**

- Lecturing courses in guidance and counseling
- Assessment
- Guiding/counselling students/course participants

**September 2002- 2008: Teacher, Lake Elementaita Sec. School**

**Responsibilities**

- Teaching English and Literature
- HOD – Guidance and counselling Department

**August 2000- 2002 : WorldLink Press Publishers**

**Director of Counselling Programme**

**Responsibilities**

- Individual and Group counseling session
- Organized and facilitated seminars for students and teachers in schools and colleges across the Kenya and Uganda.
- Research, Writing , Editing .
- Published three motivational books namely subject and career Choices, How to Improve Concentration and Memory in Studies, The Power of Goal setting

**April – August 2000: Mission Center for Health and Social Concerns**

**Youth Counsellor:**

**Responsibilities**

- Facilitated individual and Group therapy sessions
- Organized and facilitated workshops and seminars for students, teachers.

## RESEARCH/ PUBLICATIONS.

1. Kamundia, I. Robert., Kinga, T.N. (2016). Hindrances to Effective Delivery of Guidance and Counselling Services towards Enhancing Discipline among Students in Olokurto Division, NAROK County, Kenya. *IOSR Journal Of Humanities and Social Sciences*. Vol 21 (7) 73-80 -26 e- ISSN: 2279-0837 (online) 2279-0845 (print)
2. Onyantha, F. K. Kinga, N. Mukolwe, N. (2015). The Influence Of Parents' Social-Economic Status on Students Academic Performance in Public Secondary Schools in Keumbu Division, Kisii, County, Kenya. *IOSR Journal Of Humanities and Social Sciences*. Vol 20 (11) 20-26 ISSN 2279-0837 (online) 2279-0845 (print)
3. Kamundia, I.R., Kinga, T.N. (2015). Effectiveness of Teacher Counselors' Delivery of Guidance and Counseling Services towards Enhancing Discipline among Students in Olokurto Division, Narok County, Kenya. International Institute for Science, Technology & Education *Journal of Research on Humanities and Social Sciences*. Vol 5. (24 ), 55-58. ISSN 2224-5766 ISSN (online) 2225-0484(print)
4. Kinga, T.N., Mwaura, J. K., Waweru, M. (2014). A Comparative Study of Levels of Self Esteem among Students of Single and Dual Parent Families. The Case of Students in Selected Secondary Schools In Nakuru Municipality, Kenya. International Institute for Science, Technology & Education *Journal of Reseach on Humanities and Social Sciences*. Vol 4. (1 ), 55-58. ISSN 2224-5766
5. Kinga, T. N. (2013). Relationship between Counsellor Supervision and Level of Burnout: A Case of VCT Counsellors in selected counties in Kenya. *The Cradle of Knowledge African Journal of Educational and Social Research*. Vol 1 (1) ISSN 2304-2885
6. Kinga, T. N, Kariuki , M. W., Njonge, T. W. (2013). Counselor supervision and Burnout among VCT counselors: A Study of selected counties in Kenya. LAP Lambert Academic Publishing. Deutschland: Germany. ISBN 978-3-659-41448-0
7. Kinga, T. N. , Kariuki , M. W., Njonge, T. W. (2012). Relationship between Forms of Counsellor Supervision and Level of Burnout among VCT Counsellors in Selected Counties in Kenya. *International Journal of Current Research*. 4 (2), 139-143. ISSN: 0975-833X.

8. Kinga, T. N. , Kariuki , M. W., Njonge, T. W. (2012). Role of Counsellor Supervision in Management of Burnout among Counsellors in Kenya. *International Journal of Current Research*. 4 (2), 154 - 156. ISSN: 0975-833X .
9. Kinga, T. N., (2012). Guidance, Counselling and Attitudes Towards Sexual Behaviour among Students: A Case of Secondary Schools among Students. LAP Lambert Academic Publishing. Deutschland: Germany. ISBN 978-3-659-23884.
10. Waweru, M., Kariuki, W. M., Mwenje. M., Kinga, T. N. (2012). Relationship between Primary School Teacher's Characteristics and Level of Burnout: A Case of Nakuru Municipality. *Kenyan Journal of Guidance Counselling and Counselling*. 2 (1), 160- 165. ISSN 2226- 0552
11. Kariuki , M. W., Njonge, T. W., Kinga, T. N. (2012). Relationship between Frequency of Counsellor Supervision and Level of Burnout among VCT Counsellors in Selected Counties in Kenya. *Kenyan Journal of Guidance Counselling and Counselling*. I (1), 75- 80. ISSN 2226- 0552
12. Kinga, T. N. (2001). Subject and Career Choices for Students. Worldlink Press Publishers, Nairobi: Kenya. ISBN- 9966-932-20-8
13. Kinga, T. N. (2001). How to Improve Concentration and Memory in Studies. Worldlink Press Publishers, Nairobi: Kenya. ISBN 9966-932-20-9

### **Published Teaching Manuals**

- Kinga, T. N., Waweru, M. (2010). Career Guidance and Counselling. Africa Nazarene University, Nairobi: Kenya
- Kinga, T. N. (2010). Guidance and Counselling for Young Children and their Families. Africa Nazarene University, Nairobi: Kenya
- Kinga, T. N. (2010). Education for Children who are Gifted and Talented. Africa Nazarene University, Nairobi: Kenya
- Kinga, T. N. (2009). Educational Psychology. Africa Nazarene University, Nairobi: Kenya

### **Seminars/Workshops and Conferences**

- November 2014:** Maasai Mara University. 1<sup>st</sup> International Conference. Presented a Paper on Efficacy of Guidance and Counselling Teachers in Alcohol and Drug Abuse prevention.
- February 2014: Maasai Mara University: Participated in a 2 day Curriculum review workshop

June 2013: Nacada 2<sup>nd</sup> National Conference on ADA Policy: Presented a Paper on ADA Policy, Legislation and Implimentation

November 2013: Kenyan Guidance, Counselling and Psychological Association: 3<sup>rd</sup> National Guidance and Counselling Conference: Presented a paper on Efficacy of Guidance and Counselling Teachers in ADA Prevention: The Case of Kiambu County Kenya.

November 2013: Maasai Mara University: trained participants in a Post graduate workshop on Proposal and Thesis Writing.

May, 2013: Completed 20hrs training in Child Counselling Skills organized by Africa Nazarene University and Association of Christian Counsellors

July 2011: Attended a workshop workshop on e-Learning organized by the Institute for Open and Distance Learning

July 2010: Africa Nazarene University: Attended a workshop for writers organized by Institute for Open and Distance Learning on

### **PROFESSIONAL AFFILIATIONS**

2008- Present: Member, Kenya Association of Professional Counsellors

2011- present: Member, Kenyan Guidance Counselling Association

2013- Present: Board member. Blessed Tabloid Rehabilitation Centre

### **REFEREES**

1. Professor Kadenyi,  
Deputy Vice Chancellor,  
Academic Affairs, Research and Student Affairs  
Masai Mara University  
0720934989
2. Dr Beatrice Kathungu,  
Chair,  
Department of Psychology,  
Kenyatta University  
0727893855
3. Prof. Mary W. Kariuki,

Ph.D Supervisor,  
Egerton University  
P.O. Box 536 Njoro

4. Dr Teresia Njonge  
Ph.D Supervisor  
Egerton University  
P.O. Box 536 Njoro
  
- 5 . Mrs Beth W. Wokabi  
Chair,  
Department of Education,  
Africa Nazarene University  
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