

Curriculum Vitae

DR. EDEL KARAU

CONTACTS

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PROFILE

My career objectives are to excel in my profession, continue my interest in research, apply my skills and knowledge to save and improve quality of life.

WORK EXPERIENCE

- *June 2017 – present:* Lecturer, Department of Paediatrics & Child Health, Kenyatta University
- *February 2017 – May 2017:* Paediatrician, Kenyatta University, Directorate of University Health Services
- *March 2015 – January 2017:* Paediatrician, AAR Roysambu Clinic
- *January 2013 – January 2015:* Paediatrician, Aga Khan University Hospital – Nairobi.
- *December 2010 – December 2012:* Part-time work attending to Paediatric patients at AAR clinic, George Williamson House, Nairobi.
- *February 2008 – September 2009:* Medical Officer, Thika District Hospital.
- *January 2007 - January 2008:* Medical Officer Intern, Kenyatta National Hospital.
- *March 1999 – September 2001:* Manager at Kanyumba Gardens, Kiambu; Sales assistant at Vam Health Services Kenya Ltd.

EDUCATION

- *October 2009- August 2012:* Masters of Medicine in Paediatrics and Child Health, University of Nairobi
- *October 2001 – November 2006:* Bachelor of Medicine and Bachelor of Surgery, University of Nairobi
- *January 1996 – November 1999:* Secondary education at Kianda High School. Attained a mean grade of B + in Kenya Certificate of Secondary Education

PROFESSIONAL TRAINING & DEVELOPMENT

- Attended Child Development Workshop held at Silver Springs Hotel Nairobi, from 28th to 29th January 2020, organized by Eastern Africa Academy of Childhood Disability and Kenya Pediatric Association.
- April 2017: Attended the 17th Annual Kenya Paediatric Association Scientific Conference in Kisumu
- Oral presentation “*Knowledge, attitude and practice of bereaved parents towards autopsies in children under 5 years at the Kenyatta National Hospital*” at the 10th International Congress of Tropical Paediatrics held at the Kenyatta International Convention Centre (KICC), from the 24th to 27th August 2014.
- Oral presentation “*Attitude and Practice of healthcare providers towards autopsies in children under 5 years at the Kenyatta National Hospital*” at the 10th International Congress of Tropical Paediatrics held at the Kenyatta International Convention Centre (KICC), from the 24th to 27th August 2014.
- Attended the 10th International Congress of Tropical Paediatrics held at the Kenyatta International Convention Centre (KICC) from the 24th to 27th August 2014.
- 2014: Continuous medical education (CME) coordinator Department of Paediatrics, Aga Khan University Hospital – Nairobi.
- Presented dissertation findings at a sensitization meeting for the KNH Paediatric respiratory disease autopsy study held at the Panafric hotel on the 20th June 2014.
- Successfully trained health care workers at the University of Nairobi as Generic Instructors of ETAT+ from 2nd to 4th December 2013.
- Attended a conference on Transforming Health Professional’s Education held from the 12th to 14th June 2013 organized by the Eastern Africa Health Professions Educators’ Association (EAHPEA), Aga Khan University and Anglia Ruskin University.
- Completed European Paediatric Life Support (EPLS) course held at the Aga Khan University Hospital – Nairobi on May 23rd to 24th 2013.
- Attended the 10th annual Hot Topics in Infection and Immunity in Children at Keble College, University of Oxford from the 25th to 27th June 2012 after award of a bursary by the University of Oxford.
- Participated in the Maternal, Neonatal and Child Health training from the 14th to 19th of May 2012 held at the University of Nairobi.
- Chief rapporteur at the 13th annual Kenya Paediatric Association Scientific Conference 2012.
- Attended and successfully completed a course on Global Program Leadership and Management held from 11th April to 13th June 2012 at the University of Nairobi in collaboration with the University of Washington.
- January and March 2012: ETAT+ course coordinator for Undergraduate students at the University of Nairobi, School of Health Sciences.

- Attended a one-week course on Allergy and Asthma from 23rd to 28th January 2012 organized by the University of Nairobi and the Allergy Society of Kenya.
- Successfully trained 20 health care workers in Rwanda as Generic Instructors of ETAT+ from 5th to 7th December 2011.
- Participated in Practical Childhood Diabetes Management training at the University of Nairobi from 12th to 13th October 2011.
- Participated in the Global Health Paediatric Pathway Program/Child Health Education Program (in Kisii District) sponsored by the University of Washington, Seattle Children's Hospital, University of Nairobi and the Kenya Medical Research Institute from August 22nd 2011 to October 7th 2011.
- 2010: Participated in ETAT+ training of undergraduate students from the University of Nairobi in the months of January, April and July 2010.
- Involved in research at Partners in Prevention (PIP) Thika as part of the PrEP (Pre-exposure Prophylaxis) study team, from January 2009 to September 2009.
- Successfully completed a five-day workshop on Comprehensive Paediatric HIV management Course sponsored by the ACTS program, University of Nairobi from October 25th to 29th 2010.
- Attended a one-day Paediatric HIV/AIDS Symposium facilitated by Kenya Paediatric Association (KPA) in Nairobi on 10th September 2010.
- Successfully passed Generic Instructor Course from 18th - 20th February 2010 at Kenyatta National Hospital facilitated by Kenya Paediatric Association and National Resuscitation Council of Kenya.
- Interim treasurer Kenya Medical Association, Thika Branch, from November 2008 to September 2009.
- Attended and successfully completed a course on Paediatric Anti-Retroviral Therapy facilitated by NASCOP and ICAP-Kenya, in Thika, from 2nd to 7th February 2009.
- Attended and successfully completed a course on Integrated Management of Adult and Adolescent Illnesses (I.M.A.I.) facilitated by National AIDS and STI Control Programme (NASCOP) in collaboration with International Center for AIDS Care and Treatment Programs (ICAP) - Kenya, in Nyeri, from 19th to 24th January 2009.
- Successfully completed the Advanced Trauma and Life Support Course (ATLS) at the Nairobi Hospital from 19th to 22nd November 2008.
- Attended and successfully completed the course on Emergency Triage Assessment and Treatment plus Care for Sick Children (ETAT +) held at Thika District Hospital from 13th to 17th October 2008.
- Successfully completed the Advanced Cardiac Life Support Course (ACLS) at the Nairobi Hospital from 15th to 18th September 2008.

PUBLICATIONS

1. **Karau E.**, Musoke R., Laving A., Rogena E., Attitude and Practice of Healthcare Providers towards Autopsies in Children under Five years at Kenyatta National Hospital. East African Medical Journal- Volume 93 No. 9 (2016)

PROFESSIONAL MEMBERSHIP

- Kenya Paediatric Association (KPA) – Member
- Kenya Medical Association (KMA) – Member

INTERESTS AND ACTIVITIES

- Swimming, travelling, cooking and photography

LANGUAGES

- English, Kiswahili, Kikuyu

MISCELLANEOUS

- Licensure: Kenya Medical Practitioners and Dentist Board (Registration No. A 6150)

REFERENCES

1. Professor Fredrick N. Were
Professor of Paediatrics and Newborn Medicine, University of Nairobi
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2. Dr. Ahmed Laving
Lecturer, Department of Paediatrics and Child Health, University of Nairobi.
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3. Dr. Peter Ngwatu
Paediatric Gastroenterologist
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