



Kenyatta University newsletter

A Fortnightly publication from the Office of the Vice-Chancellor

The vision of Kenyatta University is to be a dynamic, inclusive and competitive centre of excellence in teaching, learning, research and service to humanity.

Protect Your Image

VC urges Kenyatta University Community



(Left to right) Mr. J. P. Oredi, the IBP student representative, Prof. Benson Mochoge, Chairman, Department of Agricultural Resources Management (ARM), Prof. Augustine Karugu, Director, Teaching Practice Centre behind him is Prof. Ireri Mbaabu, Dept. Of Kiswahili & African Languages and Prof. Daniel Kiminyo with other members of Senate during the VC's address to students.

The Vice-Chancellor has called on all Kenyatta University students to jealously guard their image as University students and that of their **Alma mater**. Noting that March 2009 disturbances had greatly dented the image of the University and the students, the VC advised students to always seek to utilise the many channels available to them to address their grievances. Prof. Mugenda thanked all the students and staff who stood with the University through the difficult time. "Your prayers and goodwill have made it possible for us to re-open and move on," said the VC.

The Vice-Chancellor said this when she addressed Institutional Based Programme (IBP), 3rd, 4th and 5th year students who reported back to the University on 8th August 2009. The meetings,

held separately at the Graduation Square on Thursday 13th August and at the Science Zone 39 Hall on Friday 14th August, were also attended by members of the University Management and Senate.

The VC informed the gathering that the reports of the Committees of Senate and Council that were formed to investigate the causes of the unrest established disturbing facts about the incident. "First, that the plans for causing the destructions and disturbance were mooted way back in January 2009. Thus the issue of registration was used as an entry point. Secondly, there were external

forces which, fuelled by politics and envy, manipulated a few students to betray their University," stated the VC.

The VC reiterated that the University will remain true to its mission of providing quality and accessible higher education to all and thus called on all the stakeholders of the University to join hands to re-build the good image of Kenyatta University once more, stating that everyone had a role to play in re-building the University's image.

"For the students, uphold self-discipline and portray the University in a positive light at all times. For staff, remain good role models and mentors of the students, while the management will strive to ensure smooth running of the University programmes and provide innovative and creative leadership," the VC advised.

To reap maximum benefits from their stay at KU and to succeed in life, the VC advised the students to be guided by progressive values and attitudes and the seven vectors for students

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The VC, Prof. Olive Mugenda shares a light moment with (L-R) the Dean, School of Education, Dr. Jacktone Ogeno, Dr. Moses M. M'ithinji Deputy Dean of Students and the Catholic Chaplain, Father Lance Nadeau and Rev. Godfrey Ngumi (Protestant Chaplain, University Community) soon after addressing the 4th & 5th Year students at SZ 39.

Best Wishes in Your Exams

On behalf of the entire Kenyatta University faculty and staff, the Vice-Chancellor Prof. Olive Mugenda has sent a message of goodwill and best wishes to all the students who will be sitting their final semester examinations. According to the examinations timetable released by the Time Tabling Office the Full-time regular students will commence their examinations on Monday, 17th August, until Friday, 28th August 2009. The Institutional-Based Students (IBP) will sit their examinations from 2nd September to 4th

September 2009.

In her message to the students, the VC said: "Dear students, may I take this opportunity to wish you all the best in your examinations. I know that you are all very well endowed academically and that you have prepared well for the examinations. I also believe that you will be able to apply what you were taught by your professors without much difficulty but, even in times of difficulty, avoid at all cost resorting to "mwakenya" as the penalty for those caught cheating is discontinuation," the VC advised".

"For those of you who are completing your studies at KU we wish you all God's blessings and guidance in your careers. May all your dreams for your future come to pass. We look forward to celebrating youth Graduation very soon. We are indeed proud of you" Added the VC.

We the **Newsletter** Editorial Board of the KU newsletter also join the VC in wishing the students well as they sit their examinations.

Best wishes to you all.

Protect Your Image

from pg 1

For some of us, it is back to unfinished business; for the rest, it's business as usual; and for all of us, it's 'Thank God, KU rocks again!'

On Saturday and Sunday seemingly endless lines of students streamed into their halls of residence as others patiently awaited their turn to be registered. We are open, and RARING TO GO!

Everything has a price, the old sages warned. Such is the case with Thika Road access. The road has the dubious distinction of having the worst traffic jams in the Nation. But this will soon be history. Construction to expand the highway is underway. However, our beautiful Gates A and B have to come down to allow for expansion of the road. But they will be rebuilt further back into the campus. We will also have to endure further inconveniences such as power interruptions and traffic jams before the whole exercise is completed. All this is to the good.

And speaking of the 'good life' brings us to the concept of "high quality of life" as mooted in this Republic's Vision 2030. What exactly is meant by this abstraction? A team of KU researchers, led by the VC herself and sponsored by the Retirement Benefits Authority and Equity Bank, is busy interviewing a sample of Kenyan citizens to find out their perceptions and hopes on this regard.

Another bank, Barclays, has generously granted scholarships to nineteen of our IBP students. Institution Based students make costly sacrifices, financial and temporal (especially in quality time with their families) and deserve every help they can get.

Our antipodean friends in the person of the Australian High Commissioner recently presented KU with books, among them, those on Aboriginal culture. We are grateful for this gift since we are curious about the plight of native Australians with whom we share similar colonial precedents.

However, one of the most ambitious projects that the University is involved in is the CAUSE initiative. Food security is the most daunting challenge that Kenya and her neighbour, Ethiopia, face. Hence the adoption of the proposal on the role of higher education in solving African problems is a remarkable achievement and our Directorate of Grant Writing and Management is to be congratulated for its contribution.

These are only a few of the stories in this issue; there are more. Have a Good Read and Welcome back to Good Old KU!

David V. Karanja
Editor

growth and maturity such as developing competencies, managing own emotions, developing autonomy, purpose and integrity and establishing identity and good interpersonal relations.

On the issue of student leniency for those facing various disciplinary measures, the VC stated that the Appeals Committee was listening to the appeals and would be fair to all. She urged the appellants to be truthful and remorseful in return. On the question of fine for damages, Prof. Mugenda stated that the amount would soon be determined by the Senate and would be cost- shared between the students and the University.

Other speakers who spoke at the meetings included Dr. Elishiba Kimani, Director, University Mentoring Programme. She urged the students to embrace their mentorship roles and be good role models to their younger brothers and sisters who aspire to join the University. The Director, Institutional-Based Programmes, Prof. G. Kingi, advised students to make use of their time wisely and adopt a culture of hard work. Mr. J. P. Oredi, the IBP students representatives also addressed the gathering and thanked the University Administration for bringing normalcy that has enabled the IBP



Members of the University Senate follow the proceedings during the Vice-Chancellor's Address to students at the Graduation Square.

students to resume their studies. Mr. Tom Bwana, the KUSA Secretary General also addressed the students urging them to remain focused on their studies.

Father Lance Nadeau, who is the University Catholic Chaplain, speaking on behalf of the Chaplaincy, emphasized the need for students to be active rather than passive whenever there is a situation such as the one that occurred in March. "Although 99.9% of the students had nothing to do with it, most of you did nothing to stop the destruction and

riots on campus". "Do you lack the energy, the will, the brainpower to respond quickly when you are being wronged? Or are you so afraid that defeatism has become your way of life?" Father Lance implored.

Prof. Eric Aseka, the Director, Institute for Research, Science and Technology, while talking on University Stakeholdership urged all Stakeholders: students, staff, administration, parents, well-wishers and the public to understand their roles and assume full responsibility for the University's success in attaining its mission. He

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VC Expands Management Board

As the University grows, the VC has found it prudent to expand the University Management Board in order to enrich decision-making base by tapping into diverse talent and expertise.

This decision, the VC states, will also ensure key components stipulated in the University's Mission and Vision such as Research, Information Communication Technology (ICT), access to higher education, issues of

University advancement for example, data management, International partnerships, fundraising, among others are mainstreamed in the decision making process.

The new members of the Management Board are:



Prof. Fredrick Gravenir,
Director, University Advancement
- He will keep the Management Board abreast of University advancement issues such as International partnerships, Fundraising and Data Management.



Prof. Eric Aseka,
Director, Institute of Research, Science and Technology
- His appointment will give research the desired prominence given that it is a key component in the University mission.



Dr. Speranza Ndege,
Director, Institute of Open, Distance Learning, and e-Learning (ODEL)
- She will help Management address ICT and Open Learning concerns given the critical issue of access and mainstreaming ICT in Research, teaching and learning.

The Newsletter Editorial Board congratulates the new members of Management Board and wish them well as they embark on their new responsibilities.

Protect you Image-VC appeals

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urged the students to reflect integrity in all they do. "Exercise self-discipline and restraint. There is nothing as useless as doing so effectively that which you otherwise would not do," Prof. Aseka admonished.

Meanwhile, Kenyatta University is a beehive of activity following the return of regular and school-based students to the University. This heralds a new beginning for the University community, especially coming after the University was closed early in the year following student disturbances that resulted in the death of one student and the destruction of University property leading to closure. Students who have reported back to the University include the IBP students in the August session and the 3rd year, 4th year and 5th year regular full-time students.

Meanwhile, Prof. Olive Mugenda welcomes all the students back to the University. She wishes the

students and their lecturers a fruitful session as they seek to realise the University's objective of providing an enabling environment that nurtures excellence and high standards of professionalism in teaching, learning, research, and community service.

This, she says, is imperative if KU has to maintain its leading role in promoting the development of a quality human resources base for social, intellectual and economic development and the realization of the country's Vision 2030.

Noting that the University must not lose sight of its resolve to become a dynamic, inclusive and competitive centre of excellence in higher education, Prof. Mugenda emphasizes the need for every member of the University Community, friends and stakeholders to re-evaluate their contribution towards the attainment of the University's objectives and vision. She calls on the staff and

students to redouble and lend all their efforts towards achieving the desired world-class standards in the provision of quality education and service as envisaged by the University's Strategic and Vision Plan 2005-2015.

Speaking to the KU *Newsletter*, the VC said that it was unfortunate that the University's programmes, which have hitherto been running very smoothly, were disrupted for the first time since she assumed leadership of the University. She called on the student fraternity to join hands with the rest of the University Community and the Management to begin the journey towards rebuilding the good image of the University reiterating that Kenyatta University still enjoys tremendous goodwill from well-wishers, both nationally and internationally. "All is not lost. We did it before and we can do it again if we remain focused," says the VC.

Institute of Open Learning now Re-Branded

The Institute of Open Learning has been re-branded to include e-learning. Now it will be Institute for Open, Distance and e-Learning (ODEL).

The Vice-Chancellor, Prof. Olive Mugenda, stated that the re-branding of the Institute is geared towards improving the delivery of educational services to students. "By introducing e-Learning in open and distance learning programme, we are adding value to our programmes by placing the student at the centre

of learning," stated the Vice-Chancellor.

Under the new Institute, the University has taken a more practical approach to pedagogy, thus addressing students' learning needs. The new Institute will be run with professionalism and efficiency by the director who will be in charge of the overall operations. There will be two deputy directors one in charge of content delivery and the other in charge of examination.

There will also be Coordinator for ODeL support services. The ODeL will serve students

from nine (9) regional centres located strategically in each province namely: Nairobi, Nakuru, Kisumu, Kakamega, Nyeri, Embu, Garissa, Mombasa and Marsabit. The centers will be managed by Coordinators.

ODEL learning will focus on marketability of the programmes, quality of teaching and learning, students' performance, duration of completion and flexibility of the programme.

English Literacy Norms Project Concluded

The English Literacy Norms (ELN) project, which was supported by the Rockefeller Foundation, and hosted at Kenyatta University for the last seven years, has come to an end. The main purpose of the project was to support the Kenya government's efforts in the provision of quality education.

The efforts of the Research and Development (R&D) team were geared towards strengthening the quality of education through institutionalization of interventions that promote English language literacy in Kenya. This was done through the development and administration of interventions.

Researchers involved in this project were from Kenyatta University, Ministry of Education Department of Quality Assurance and Standards, Kenya Institute of Education, and Kenya National Examinations Council.

One of the requirements of the project was to establish a Consultative Group comprising senior university and Ministry of Education officials, as well as senior stakeholders in education. The purpose of the group was to receive feedback on the project progress from time to time during the project period, and to also give advice to the R&D team. A Consultative Group meeting was held at The Intercontinental Hotel in Nairobi on 15th July 2009 for the R&D team to update and present feedback from the just concluded ELN Project.

In her welcome speech, the Vice-Chancellor, represented by the Dean School of Education, Dr. Jackson Ogeno, reminded the participants that as researchers and educationalist, they have a primary responsibility to innovate and change with the times.

The guest of honour, Permanent Secretary,

Ministry of Education, Prof. Karega Mutahi, represented by Mrs. C. Ondieki, Director, Secondary and Tertiary Education, informed the participants that the Ministry of Education is supporting research in education by providing funds. She said she was impressed by the innovation and the findings which seem to be a breakthrough in the teaching of English, whose performance in national examinations has been going down.

Prof. Agnes Gathumbi, who was the project's Principal researcher, informed the participants that the ELN Project had been going on for the last nine years. It was in two phases: Phase one: 2001-2003 came up with the innovation where benchmarks (norms) in English Language were

Developed for the first time in Kenya. Phase two: 2005-2009 used the developed norms to produce intervention materials and to administer the same to 30 sample schools nationwide.

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Principal Researcher, English Literacy Norms (ELN) Project, Prof. Agnes Gathumbi (3rd right seated), with other Project Participants at the Intercontinental Hotel during the Consultative Group meeting.

Students focus

Environmental Students Bound for South Korea

The United Nations Environment Programme in cooperation with National Committee for the Republic of Korea will be hosting a Tunza International Children and Youth Conference in Daejeon, Korea from the 17th to 23rd of August 2009 (Children 17 - 20 and Youth 20-23). The Conference will bring together 750 participants comprising 550 children and their chaperones, and 200 youth from 106 countries.

Four students from the School of Environment will be representing Kenyatta University in the Conference. The four are Kevin Odhiambo, Patricia Cherotich, James Chacha and Grace Mwaura, who were selected through a competitive criterion out of a pool of 100 universities worldwide as an outcome of the sustainability generation workshop that was held in April this year by UNEP in conjunction with the Interservice Environment Network.

Some of the participating universities included Stanford University, Columbia University, Yale University and University of Cape Town. The sustainability generation workshop was an outcome of the MESA (Mainstreaming Environment and Sustainability in African Universities) initiative by UNEP.

The MESA initiative was launched in Kenyatta University in 2006 as a process of mainstreaming Environmental and sustainability issues in African Universities.

The youth delegates will participate in plenary sessions, workshops and presentations on the daily themes which include:

- Limiting our Footprints through Sustainable Lifestyles
- Youth and Green Jobs
- Disasters and Conflicts and the Environment

The expected outcomes of the conference include a statement for political leaders and commitments from children and from the youth on



(Left to right) James Chacha, Patricia Cherotich and Kevin Odhiambo will be proceeding to South Korea for annual UNEP-TUNZA Youth Conference.

the actions they will undertake after the conference with regard to the Seal the Deal rallies, regional action plans and a newly elected Tunza Youth Advisory Council.

The *Newsletter* Editorial Board congratulates the four students on this outstanding achievement.

KU Sole Kenyan Semi-Finalists in Zain Africa Challenge

Kenyatta University's formidable team at the ongoing year's Zain-Africa Challenge (ZAC) demonstrated their prowess by trouncing Catholic University of Eastern Africa by 850 points against 350 points in the second quarter final face-off aired on NTV at 7.30pm on Sunday 9th August 2009.

KU effectively cruised into the semi final of the ongoing international contest of the Zain-Africa Challenge (ZAC) inter-university quizz competition.

Out of the original 32 universities that were competing in this year's ZAC, only four advanced to the semi-finals. Universities now left in the competition include University of Ibadan, University of Lagos both from Nigeria, Zambia University from Zambia and Kenyatta University from Kenya.

The ZAC competition is a 31-programme TV show featuring

knock-out competition. It brought together universities from eight

English-speaking countries: Ghana, Kenya, Malawi, Nigeria, Sierra Leone, Tanzania, Uganda and Zambia. The universities were selected on a country competition basis.

This fast-paced quiz programme covers questions derived from a wide range of topic areas including: history, science, African culture, geography, literature, music and current events. Additionally, Zain Africa Challenge highlights the excellent educational opportunities at African universities with videos and student profiles.

Watch out for future developments. Kenyatta University students have been runners up twice in earlier phases of this competition (Both the inaugural 2007 and the 2008 challenge). This is now our chance for nothing but total victory.



(From left) The impressive Kenyatta University Zain Team is: Albert Gicheha, Andrew Langat, David Mcharo and Malcolm Lee.

STUDENTS HAPPY ON RETURN TO CAMPUS

In our quest to establish what the students views about their return to the University after a four-month break, we talked to several 4th and 5th year students and asked them to comment on various issues. Here's what some of them said

JUSTUSSANG - I75/1997/2004 said:

"I am truly excited to be back to KU. My vision is to continue with my studies to Post-graduate level so I have been quite eager to complete my undergraduate degree within the year 2009 as planned. I am happy that the University Management allowed us to come back and complete our semester. Long live KU. Keep peace Comrades"

LINA WANGA - E35/0917/05 said:

"Thank you Madame Vice-Chancellor for being our role model, you are not only our mentor but also one we look up to as leader

of the University. You have not disappointed us; your courage and strength during the time when the University faced problems gives us hope for our future. I urge you on ... never lose the vision for the University. We look forward to graduation. Best wishes for KU"

KIVUVABIDAN - I75/1971/04 said

"My greetings to all comrades, I must say that it was not wise at all to burn our University's facilities but the renovation done to HARAMBEE HALL is superb. Kudos to the fundis, you did a good job even to the KUSA offices. I call on the University Administration to scale-up its information gathering ability so that some of us who were caught unawares by the riot which seemed to have been planned in advance are well protected in advance. In future we

should not be ambushed by such occurrences. I wish all comrades all the best in the exams"

FRANCISCA ATIENO - E35/0918/04 said

"I am delighted that we have been given a chance to complete our programme as per the schedule because for me I expected to graduate in December 2009 and now I can see my dream coming true. Thanks VC for being there for us. The registration exercise was very smooth and efficient keep it up. I am also happy that the Vice-Chancellor can find time off her busy schedule to speak to the students, it was a good talk students need more of these, more often. I appeal to VC to consider the appeals of the students who were suspended or expelled with a parental touch so that they can be reinstated in the spirit of reconciliation and forgiveness"



KU students speak to our Newsletter reporter outside the Science Zone 39. (From left) Francisca, Lina, Sang and Kivuva.

Students focus ...cont.

Interim KUSA Student Governance Structure

Following the crisis that occurred in the University in March (2009), some of the student leaders had disciplinary action taken against them. Most of them are awaiting appearance before the Students' Appeals Committee. This has necessitated a rearrangement of the governance structure in order to keep the relevant offices functional. During the Congress Induction Seminar at Kilifi held between August 3rd-7th, it was

resolved that a parliamentary system of governance be adopted, where the Student Governing Council dockets will be run by Committees of Congress. This arrangement is on an interim basis to ensure that the services due to the students are delivered.

KUSA Secretary General, Mr. Tom Bwana (with tie) with members of staff listen keenly to the VC's speech.



KUSA Leaders Induction Seminar Takes Place.

A total of 47 student leaders of Kenyatta University Students Association (KUSA) attended the Seminar inducting them into leadership at the Pwani University College (Kilifi) between 2nd and 7th August, 2009.

Led by the Secretary General, Tom Bwana, the group was taken through rigorous sessions on leadership, facilitated by intellectuals, professionals, and

administrators.

While officially opening the Seminar, the VC, Prof. Olive Mugenda discussed with the leaders vectors for student growth and maturity that they should reflect on in order to lead effectively.

These are the development of competencies, managing emotions, developing autonomy, purpose and integrity amongst others. She also advised the student leaders on what makes a good leader. "Leadership is

about influencing people, by providing purpose, direction and motivation while operating to accomplish the mission and improving the institution.

Good leaders face challenges positively and resolve them prudently, they are not locked up in status quo, they are willing to take responsibility and have developed mental toughness.

They are completion people, ready to go the extra mile and are visionary," she added. "Adopt a servant attitude, offering to work with and for students and engaging in proactive dialogue. Always seek for deep truth and let us work together to salvage our image", the VC concluded.

On request to fast track the appeals of students facing various disciplinary measures following the strike, the VC reiterated that the appeals would be handled objectively and fairly to the benefit of those who would be truthful and remorseful for their actions.

Dr. Gerishon Mwititi, a Leadership Consultant, while delivering the keynote address counselled the student leaders on the need to balance the exercise of power so that it is used for mutual benefit.

Others who addressed the student leaders include Mr. Charles Mutinda, a former Ruiru Campus Representative and currently a civic leader who advised students leaders on negotiation skills in order to obtain a win-win situation while Prof. Eric Aseka, the Director for Research, Science and Technology, extolled the need for leaders to be morally accountable to themselves and to society stating that morality is pre-condition for good leadership. Mr. Kibiru Irungu, an alumnus and a manager with Equity Bank urged the students' leaders to guard the image of their Alma mater jealously.

Dr. Elishiba Kimani, Director, University Mentoring Programmes, Dr. Edwin Gimode the Dean of Students and other officials of the University including UASU leadership addressed the students.

The leaders lauded the University Management for development of physical infrastructure which will greatly enhance the learning-teaching process in the University. They requested the Management to fast-track the appeals made by the suspended/expelled students.



Some of the KUSA Leaders on an excursion of Fort Jesus, Mombasa after the Induction Seminar held recently.

English Literacy Norms Project Concluded...cont

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The decision to conduct this research was made after previous research showed literacy in English in primary schools, especially in slums, peri-urban and rural schools was dismal. The need to develop interventions also arose after the realization that lack of literacy skills in English, which is the medium of instruction, has a negative impact, not only on the performance in English, but also in that of other subjects taught in English. The R & D team also came up with a norms-based

approach to teaching English which has been taught to the sample teachers and tutors in three Primary Teacher Training Colleges.

The research has helped many teachers to teach English better as evidenced by the high performance and learner participation in the classroom. The results from post-tests using criterion-referenced tests have proved the administered interventions work, as positive gains have been realized by learners.

Dr Katherine Namuddu, the Rockefeller

Foundation's Associate Director, South African region who attended the Consultative Group meeting, said that she was involved with the project in the initial stages and she was happy to hear of the outcome. She challenged the Ministry of Education to support such initiatives by providing funding to carry further the study, especially in teacher training institutions, where the project found weaknesses among pre-service teachers.

PICTURE Speak



(L-R) Prof. Joana Masingila of Syracuse University, Chairman, Department of Educational Communication and Technology, Prof. Agnes Gathumbi, Assistant Minister for Higher Education Science and Technology, Hon. Asman Kamama, Prof. Henry Ayot and Dr. Samson Ondigi both of the Department of Educational Communication and Technology which played a key role in organizing the International Conference on Education held at the University recently.



The Catholic Chaplain, Father Lance Nadeau addressing Students at the Graduation Square during the VC's address to 3rd year students. (Story pg 1)

On Track with Infrastructural Growth



Vice-Chancellor, Prof. Olive Mugenda, holding a portrait of Oklahoma State University Library presented to her during a cocktail party held for CAUSE participants. (story pg 8)



1. Newly completed Lecture Halls
2. Nyayo 5 Hostels under construction
3. School of Engineering under construction
4. The upcoming Student Centre
5. Newly renovated Harambee Hall

PICTURE Speak



One of the beneficiaries who will be joining Kenyatta University receives his Award from the Barclays Bank Regional MD, Mr. Adan Mohammed, Vice-Chancellor, Prof. Olive Mugenda, and TSC Secretary, Mr. Joseph Lengoiboni (story pg 4)



Students wait to be served during registration.



The Australian High Commissioner, H.E. Ms. Lisa Philipeto, signs the visitors book during her courtesy call on the Vice-Chancellor. She also presented several books to the University during the visit. (Story pg 8)



Students go through the registration process when the University re-opened on 8th August 2009



The Kisii Central DC receiving KU information package when he visited the KU stand in Kisii ASK Show



The CEO and Managing Director of Equity Bank, Dr. James Mwangi (4th left) the VC, Prof. Olive Mugenda, in a group photo with members of the University Management and other Officials of Equity Bank and Peggy Woo (first left) and Reeta Roy (third left) of MasterCard Foundation when they visited the University on 13th July 2009 to discuss the possibility of upgrading the Community Outreach and Extension Programme by involving more students and the other KU Campuses with support from MasterCard.



Institutional Based Programme students (IBP) listen keenly during the Vice-Chancellor's address to them on Thursday, 13th Aug 2009 at Graduation Square. (Story pg 1)

Research Updates

Kenyatta University Hosts Medical Librarians Meeting

Kenyatta University hosted a meeting for medical librarians drawn from various countries of Africa between the 22nd and 24th July 2009.

The purpose of the meeting was to adopt a health information course designed by medical librarians for students pursuing health related courses at university. The meeting was facilitated by personnel from the US National Library of Medicine: Julia Royall, Chief International Programs and Becky Lyon, Deputy Associate Director, Library Operations.

The nineteen participants at the meeting included Deans of the Faculties of Health and Medical Librarians from various universities in Africa. Also in attendance was the Chairman of Council, Prof. Onesmo ole-MoiYoi, who challenged the participants to enhance research

in the medical field in Africa.

The Vice-Chancellor, Prof. Olive Mugenda, officially opened the meeting. In her remarks, she singled out the importance of the meeting in enhancing health related information. The VC said that the world was now replete with information in various formats which needs sound literacy skills for it to be meaningful.

Due to the practical nature of the course, it was generally felt that the course could even be made a common course in the participating universities. Both the facilitators and the participants expressed their satisfaction with the services provided by the Kenyatta University Conference Centre.



Vice-Chancellor, Prof. Olive Mugenda (5th left), Julia Royall (6th left) and Chairman of Council, Prof. Onesmo ole-MoiYoi (3rd right) with participants of the Medical Librarians meeting.

(CAUSE) Presents Proposal for Food Security



The Director, Resource Mobilization and Consultancy Services, Prof. Wangari Mwai, speaking during a consultative meeting of the Consortium of African United States Educators Initiative (CAUSE)

The Consortium of African-United States Educators (CAUSE) held its first meeting at Kenyatta University recently.

The purpose of the meeting was to present the final proposal out of 300 Original applicants that was

to be funded by HED/USAID. Kenyatta University through the Directorate of Grant Writing and Management is part of the CAUSE -Initiative which proposes to advance higher education not only regionally, but globally.

Other member institutions of the Consortium include Haramaya University, Hawassa University, and Mekelle University (all in Ethiopia); Moi University; Oklahoma State and Langston Universities (USA); International Maize and Wheat Improvement (IMWI), International Livestock Research Institute (ILRI); and The United States Agency for International Development (USAID).

The fundamental goal of CAUSE is to enhance development in Africa with focus on the key areas of Agriculture, Environment and Natural Resources with a view to transforming and improving higher education using the problem model of food and nutrition security in East Africa.

The CAUSE Initiative will, through joint research, offer Kenya and Ethiopia a platform for

addressing issues that contribute to food and nutritional insecurity. Kenya and Ethiopia share a common geographical problem in addressing food and nutritional security.

The participation of Oklahoma State University and Langston University and the Consultative Group for International Agriculture Research (CGIAR) centres will provide technical support and direction to this collaboration.

The Vice-Chancellor in her welcome remarks to the participants affirmed that Kenyatta University shared the vision with the Consortium of teaching, research and improved access to education and development of university resources for disadvantaged populations. Prof. Mugenda assured the participating institutions that Kenyatta University was fully committed to the success of the partnership, which will meaningfully transform the continent by providing workable solutions to challenges affecting African communities, food shortage being one of the main ones.

KU Researchers to Explore Kenyan Quality of Life Indicators

Kenya's Vision 2030 sees the nation as globally competitive with a populace enjoying a high quality of life. In order to have a clear perception of what a 'high quality of life' is to the citizens of the Republic, KU has embarked on a research study with the following objectives: establishing perceived indicators of quality of life by the Kenyan adult population; identifying which indicators are key to higher quality of life; investigating the relationship between level of satisfaction with quality of life and key social indicators such as age, gender, education, parenthood, occupation, economic and marital status; and

establishing preferred actions and suggestions that can enhance satisfaction with quality of life among categories of the Kenyan population.

The study was motivated by the fact that Kenya is missing in most universal rankings on quality of life, yet its blueprint for development, the Kenya Vision 2030, has as its over-arching vision the aim of making Kenya a globally competitive nation, where everyone enjoys a high quality of life.

The study utilizes a random sample comprised of 5,140 respondents and is jointly financed by Kenyatta University, the Retirement Benefits Authority and Equity Bank.

The project has as its principal investigator, the Vice-Chancellor, Prof. Olive Mugenda, and its main coordinator is Dr. Lucy W. Maina. Other researchers in the project include Dr. Alice Ondigi and Dr. Dinah W. Tumuti. The resultant data, it is expected, will indicate the main contributors and predictors of high quality of life among Kenyans from all walks of life.

In addition, the findings can be utilized by key stakeholders in the development process, including government, banks and other employers who aim to improve the standard of living for Kenyans.

KU to partner with UNIDO Kenya Office in Investor Survey



The Country Team leader, UNIDO Kenya Office, Mr. Kihu M. Mutua, signing the visitors' book when he visited the University.

The Country Team leader, UNIDO Kenya Office, Mr. Kihu M. Mutua, visited the University on 17th July 2009.

The purpose of the visit was to explore the possibility of a collaboration with the University in conducting Investor Survey, which is being carried out in selected twenty two (22) Sub-Saharan countries.

According to Mr. Mutua, the survey in Kenya will involve a number of universities with one of

the universities expected to coordinate the exercise. The UNIDO Kenya Office had selected Kenyatta University to coordinate the survey through the School of Business. Apart from providing leadership, KU will identify suitable students who will trained as enumerators.

The objective of the survey is to shed light on the diversity of foreign and local investors in terms of dynamism, impact on local economies with respect to

employment and value creation, perception of risks and location factors.

The data will be consolidated on a web-based interactive "Investment Monitoring Platform" to which all investment promotion stakeholders will have access.

The survey also hopes to create linkages between universities, government, industries and the donor community.

Deans Elections held



The newly elected Dean, Graduate School, Prof. Judith Waudo (in white) with Commissioners who facilitated the Deans' elections.

The election of Deans of School was held recently with all the Deans having retained their positions.

The hotly contested and peaceful elections for the Dean, Graduate School were conducted on 12th August 2009. The contestants were Prof. Eliud N.M. Njagi with 23 votes, Prof. Eucharia Kenya who garnered 72 votes, and Prof. Judith Waudo who trounced the two contestants, thus emerging the winner with a landslide victory of 228, out of the 324 votes cast.

In her acceptance speech, the newly elected Dean, Graduate School, Prof. Judith Waudo, thanked the voters for expressing confidence in her leadership and promised to continue providing focused and dynamic leadership at the School. The other contestants accepted defeat and declared their support to Prof. Waudo to ensure growth and development of the Graduate School and the University at large.

Also elected for the very first time were Prof. Jonathan Chege as the Dean, School of Business, and Dr. B.M. Okelo Agina, as the Dean, School of Health Sciences.

Meanwhile all the incumbent Deans of the following schools were re-elected unopposed in elections held earlier on 6th August 2009.

- School of Education, Dr. Jacktone Ogeno
 - School of Humanities and Social Sciences, Prof. Oluoch- Obura
 - School of Environmental Studies, Prof. Stephen Njuguna
- The Electoral Commissioners praised the voters and the contestants for ensuring that the voting process was successful.

The *Newsletter* Editorial Board congratulates the winners.

Barclays Scholarship Awardees to Study at Kenyatta University

Barclays Bank Kenya will pay tuition fees for eleven students (3 undergraduate and 8 post-graduate) to study at Kenyatta University.

This was after a competitive selection process by Barclays Bank, Teachers Service Commission (TSC) and Kenyatta University that saw the eleven teachers win the much coveted scholarships.

The students, who are TSC employees, received the awards in a colourful ceremony held at the Laico Regency Hotel on 31st July 2009.

The ceremony was attended by the Vice-Chancellor, Prof. Olive Mugenda, Barclays Bank Regional Managing Director, Mr. Adan Mohammed, the Secretary, Teachers Service Commission, Mr. Gabriel Lengoiboni, members of Kenyatta

University Management and other distinguished guests.

The Vice-Chancellor, Prof. Olive Mugenda, lauded Barclays Bank and the Teachers Service Commission Scholarship collaboration adding that the development of higher education in Kenya requires the support of all the stakeholders including government, the private sector, religious organisation, communities and parents.

Prof. Mugenda thanked the two institutions for having selected Kenyatta University for the purpose of implementing the Scholarship program.

The Vice-Chancellor further noted that only through partnership and support that the development of higher education can be realized for it to contribute meaningfully to



Barclays Bank Regional Managing Director, Mr. Adan Mohammed, Vice-Chancellor, Prof. Olive Mugenda, and Teacher Service Commission Secretary, Mr. Joseph Lengoiboni, display the signed MoU between the three Institutions.



Barclays Bank Regional Managing Director, Mr. Adan Mohammed, Vice-Chancellor, Prof. Olive Mugenda, and Teacher Service Commission Secretary, Mr. Joseph Lengoiboni, with the Awardees of the Barclays Bank Scholarships.

national socio-economic development. She said the University was committed to ensuring that the conditions stipulated for the programme would be strictly adhered to.

Barclays Bank Regional Managing Director, Mr. Adan Mohammed, while speaking in the Scholarship Award ceremony said that the Barclays sponsorship was in line with the Teachers Service Commission's objective of teacher development through capacity building and career advancement opportunities. Mr. Mohammed added that Barclays Bank recognized the need for private sector to support the public sector to fast-track investments in sectors like education which make a significant contribution towards the socio-economic development of our country.

The Secretary, Teachers Service Commission, Mr. Gabriel Lengoiboni

praised the initiative saying that the sponsorship will go along way in building capacity among teachers. He commended the Bank for development of education in Kenya especially the construction and equipping of science and computer laboratories, classrooms, dormitories and provision of water and sanitation facilities in schools in different parts of the country.

"only through partnership and support that the development of higher education can be realized for it to contribute meaningfully to national socio-economic development"

Australian High Commission Donates Books

The Australian High Commissioner to Kenya recently paid a courtesy call on the VC and donated books on Australian Indigenous Art and History to Kenyatta University.

While presenting the books, the Australian High Commissioner, H.E. Ms. Lisa Philipeto, praised the cordial relationship between Kenya and Australia adding that many students from Kenya had chosen to pursue further studies in Australia.

The High Commissioner added that the Australian Embassy in Kenya had a close relationship with Kenyatta University, noting that many students had benefited from Scholarships and Fellowships from Australia. She particularly thanked the VC, Prof. Olive Mugenda, for the very successful breakfast meeting the VC hosted in honour of the Australian Governor General, H.E. Quentin Bryce.

Earlier this year, Her Excellency Quentin Bryce, was hosted to a breakfast meeting at a Nairobi Hotel by Kenyatta University where she addressed prominent women leaders in the country. The Governor General had been scheduled



to visit Kenyatta University but due to the prevailing disturbances, the visit was moved to a City Hotel.

According to H.E. Ms. Philipeto, every July in Australia, there is a day to celebrate the history of the indigenous people of Australia and as part of the celebrations, the Australian High Commission in Kenya had decided to donate the books on Aborigine culture to Kenyatta University. The books will especially be useful to the Departments of Fine Art, History, Archaeology and Political Studies.

The Deputy Vice Chancellor (Finance, Planning & Development), Prof. Daniel Mugendi, received the books on behalf of the Vice-Chancellor, Prof. Olive Mugenda. Prof. Mugendi thanked the Australian High Commission for the books saying that they will go a long way in helping the readers to appreciate other cultures.

The Australian High Commissioner to Kenya, Ms. Lisa Philipeto, presents a book on Aborigine History to DVC (Finance, Planning and Development) Prof. Daniel Mugendi.

A Milestone for KU-UASU Members

The signing of the first-ever Collective Bargain Agreement between the Universities Academic Staff Union (UASU), Kenyatta University Chapter, and Kenyatta University Management on Tuesday 21st July 2009 was marked with pomp and colour following an intensive month of negotiations.

This historic occasion graced by the Vice-Chancellor and witnessed by the Deans of Schools heralds a new chapter in industrial relations between UASU and the Kenyatta University management.

As a result of this, the negotiating team came up with an improved package for the UASU members. The terms of service revised were Commuting, the Medical Scheme, Book & Journal Allowance and Supervision Allowance. The busfare allowance was increased by fifty percent from Kshs. 2,250 to Kshs. 3,500 while commuters who use their vehicles to work will get a twenty two percent hike from Kshs. 6,060 to Kshs. 7,300. This increase is effective from 1st January 2009.

This C.B.A also introduces a novel



Members of the University Management, University Academic Staff Union-KU Chapter, and Deans of Schools after signing the Collective Bargain Agreement.

allowance for teaching members of staff: the Book / Journal Allowance. For a start, the negotiating committee settled for Kshs. 3,000 for Tutorial fellows and Kshs. 15,000 for professors per academic year. The Vice-Chancellor, while noting that this is a non-accountable allowance, requested

members of staff to build a library and to use this allowance for the intended purpose.

The Medical Scheme was also improved. The in-patient ceilings were improved by sixty (60) percent and the out-patient ceiling by 50%. Also members of staff who exceeded their

out patient limits will henceforth be allowed to get medical attention at the Health Unit but required to pay for drugs. Pre-condition ceiling and creation of ex-gratia arrangement are other milestones of the CBA.

On Supervision, members of staff who supervise more than three postgraduate students will be compensated at Ksh. 25, 200 per extra thesis to be shared among the supervisors. A maximum number of theses to be supervised will be determined in due course to guard on quality.

Other monetary allowances ranging from subsistence allowance, day trip, passage and baggage and leave traveling allowance etc were also increased by between 15% and 20%.

As Union put pen to paper, the officials stated that they supported the opening of the University and urged their members to welcome the students when they come back.

The management thanked the Union for its skilled negotiation and looked forward to new negotiations from September 2009 for the 2010/2012 CBA.

Excitement on KU Website

Following the re-opening of the University on 8th August 2009, there was a heightened air of excitement all around if the thousands of messages posted on the internet is anything to go by. Various blogs and chat-rooms were filled with bloggers and others engaged in what seemed like endless messaging all with "Kenyatta University" as the main topic.

Messages expressing delight and satisfaction with the decision by the University to re-open after a four-month closure flowed freely from KU students as well as non-students from all over the world. Here's a sneak peak of some of the messages we encountered on facebook:

John Nwene Nyakiti wrote:

Finally the university has sprang back 2 life

Julius Babangu Maro wrote

ISO 9001-2000; NO 1 STATE CORPORATION;
WORLD CLASS JOO WAT DO YOU SEI??? KU IS
THE PLACE

Martin George wrote

I am an alumnus of KU. The ferociousness and viciousness with which KU was attacked indicates there is more to it than just 500 students with fee balances. Hostels in Ruiru & Main Campus gutted; Halls of Teaching reduced to ashes; Computer Laboratories vandalized; wanton destruction of the ICT Department... It is NOT imaginable that a University student would torch down a Hostel with possibility of colleagues being inside. It is naïve for the public not to read between the lines!!!!

Silas Omenda wrote

you wont know if you never passed through....Nyayo

3...cassandra...KM...Baghdad...BnB...BTW i here
Mugenda has wekad all Nyayos internet...KAZI
IENDELEE

Evangelist Allyce Mwende wrote

Wht happened in K.U ws nt a gud. We shld knw tht
peace is nt merely a distant goal tht we seek but a
means by whch we arrive at that goal. If we av no peace
its bcoz we av 4goten tht we blng 2 each otha. Lts al
rem tht an eye 4 an eye wl only me us blind no mata
hw justified we think our action are. One love people!

Natalie Kimani wrote

My advice is... Your prospective employer is
watching...And I am very sure he/she will not hire an
arsonist or a law breaker. So as you shout at the top of
your voice, please, consider your future.

Deans attend a Capacity Building Workshop



The Dean, School of Hospitality and Tourism Management, Dr. Alice Ondigi, receives a Certificate from the Ag. DVC (Administration), Prof. Peter Mutunga. Looking on is the Ag. Director, Centre for Capacity Development in Higher Education, Dr. Josephine Gitome.

The Centre for Capacity Building in Higher Education held a three day training session for Deans.

The event, which took place between 28th-30th July 2009, was held at a city hotel.

The objective of the training was to refresh as well as bridge management skills for Deans to be able to carry out their responsibilities effectively. The training comes hot on the heels of a similar one held earlier for Chairmen of Departments and Directors. Eleven Deans attended the course.

The course was on management in

Higher Education and covered diverse issues such as Higher education in Africa, University management in the context of leadership, delegation, effective communication, conflict resolution, quality assurance, amongst other issues.

It was a highly interactive and participatory course facilitated by Prof. Euty Waitutha and Prof. Raphael Munavu who are renowned educationalists with long experience in higher education management. Prof. Peter K. Mutunga, the Ag. DVC (Administration), presided over the closing ceremony.



After a long holiday, students at the Mombasa, Kitui and Nyeri campuses will report for the commencement of studies for the 2009/2010 academic year on 31st August 2009. Freshers at these campuses are expected to report for registration on 24th August and will go through their orientation programme from 25th-29th August 2009.

Parklands Campus

Parklands Campus opened on 8th August 2009. It is host to students pursuing Bachelor of Law and Commerce Programmes and has a population of about 550 students. It is also the Nairobi Centre for ODeL Programmes.

"We are very excited to finally re-open and receive our students back into the Campus, thanks to the University Management and Committees for their untiring efforts to resolve the issue of student disturbances," says the Dean School of Law, Dr. Linda Musumba.

Greening and beautification of parklands campus.

Over the past few months, there have been tremendous changes and improvements in Parklands Campus. Beautification that includes greening the compound by planting grass and flowers, trimming fences, painting of walls and notice boards; and construction work on the compound are in progress. This will give the Campus an attractive look. We are working closely with the counselling and sports departments in order to enhance the profile of these two important activities in the incoming semester. We have an array of sports and games lined up for the semester including inter-class championships.

The Campus has a new Deputy Administrator Mr. Morris Oyier formally of School of Health Sciences; he will work hand in hand with our Administrator to ensure that our students receive the professional academic services required.

In line with the University Vision and Strategic Plan 2005-2015, the Campus aims at enhancing its image and transforming itself into a world-class teaching and research institution thus offering better service to humanity.

Open Learning Centres

The last activity for 2nd semester 08/09 Academic year will be end of semester examination to be done from 10th-14th August, 2009 at AZ 39 & 42 at Main Campus.

On-line registration for 1st Semester 2009/2010 Academic year will start on 24th August, 2009. This is expected to make it easier for the students to check their examination results hence cutting down on time spent previously to travel to KU Main Campus.

Tutorials for 1st semester 09/10 Academic year will be conducted from 28th Sept - 2nd October 2009 at Main Campus, after which the Sit-in-CATS will be done from 14th-18th December, 2009. The Director ODeL is working hand in hand with various departments to ensure that all units have either a module or well detailed notes from the lecturer concerned. Students appreciate the efforts being made to streamline the programme.

Ruiru Campus

Connected at last

Ruiru campus has not been connected to the internet since its inception. There is good news for both the students and staff as the University has been working hard on a project to ensure there is internet. Wiring of internal internet connectivity commenced on 22nd July, 2009 and the exercise is progressing well. The Campus will be connected to the Main Campus once the project is fully installed and commissioned. Meanwhile, repair work which has been going on for the better part of two months is nearing completion.

Kitui Campus

Visit by DVC (F, P & D), DVC (Admin) and University Architect

The DVC (F, P & D), Prof. D. Mugendi, DVC (Admin), Prof. G. Muluvi and University Architect Mr. David Kanja visited the Campus to assess progress on the construction works being undertaken by Ndovu and Landmark Contractors. They made an extensive tour of the campus and later held a meeting with the contractors.

They expressed their concern at the slow pace of construction work which should have been completed by June 2009. The contractors were given a deadline of three weeks during which time they should complete the work. It was agreed that the University will be making weekly inspection visits.

Institutional Based Programmes Admissions

For the first time the Campus has admitted postgraduate students into the M.Ed. and MBA programmes under the Institutional Based Programme mode of study. Thirty-five (35) M.Ed. and fifteen (15) MBA students have been admitted and reported on Saturday 8th August.

Reporting dates for Regular programmes students

The new students under regular programmes will report on 24th August 2009. A total of one hundred and twenty eight (128) students comprising 60 (JAB) and 68 (SSP) are expected to register on that day. In the true spirit of gender sensitivity sixty nine (69) are female students. Continuing students will report between 31st August and 1st September 2009.

The Student Population

When the new academic year 2009/2010 starts, the student population is expected to rise from the current 158 to 294. The Campus can only accommodate 216 students in the three (3) new hostels. Priority in allocation of accommodation will be given to 1st year JAB students.

Change of Telephone Numbers

In an effort to improve communication, Kenyatta University would like to inform our esteemed Customers, our telephone numbers have changed from the previous six (6) digit to seven (7) digit numbers as shown in the examples given below:

Pilot Numbers

Old	New
810901	8710901
811622	8711622
811575 fax	8711575 fax
812450 fax	8712450 fax
811517 fax	8711517 fax

Our extensions remain the same.

Please note that the area access code remains 020

"Use water sparingly", VC appeals

The Vice-Chancellor, Prof. Olive Mugenda, has appealed to the KU community to use the available water and electricity sparingly due to the current scarcity of the resources.

"I wish to appeal to all of you to be mindful as you utilize the scarce resources not only on campus but even in your places of residence for those who are staying outside the University.

There is no doubt that water shortage has affected us all and subsequently electricity is now being rationed. This is the time to save on every resource with the understanding that it will benefit all of us. Ensure taps are not left running, advises the VC.

The Vice-Chancellor urges the students to be patient as the crisis was affecting everybody and assured them that the University was making every effort to ensure their comfort and was consulting with the relevant authorities to ensure that the ongoing power and water rationing would not affect their studies especially as they prepare for the examinations.

Appointments



Prof. Judith Kimiywe
Chairman,
Department of Foods,
Nutrition and Dietetics



Dr. Speranza M. Ndege
Director,
Institute for Open
Distance and e-Learning (ODEL)



Prof. Erick M. Aseka
Director,
Institute for Research,
Science and Technology



Dr. David Malonza
Chairman,
Mathematics
Department



Dr. Patrick Karimi
Deputy Director, Content
Delivery, Institute for
Open, Distance and
e-Learning (ODEL)



Dr. Peter Kamau
Chairman,
Department of
Environmental Planning
and Management

The only time you should look down on someone is when you are lifting them up.

-Trinity Bible Network-

Quote

Separate worries from concerns.
If a situation is a concern, find out what God would have you do and let go of the anxiety. If you can't do anything about a situation, forget it.

Anonymous

Just for laughs

Just because someone doesn't love you the way you want them to, doesn't mean they don't love you with all they have. Ralph and Edna were both patients in a mental hospital. One day while they were walking past the hospital swimming pool, Ralph suddenly jumped into the deep end.

He sank to the bottom of the pool and stayed there. Edna promptly jumped in to save him. She swam to the bottom and pulled him out. When the Head Nurse Director became aware of Edna's heroic act she immediately ordered her to be discharged from the hospital, as she now considered her to be mentally stable.

When she went to tell Edna the news she said, 'Edna, I have good news and bad news. The good news is you're being discharged, since you were able to rationally respond to a crisis by jumping in and saving the life of the person you love... I have concluded that your act displays sound mindedness.

The bad news is, Ralph hung himself in the bathroom with his bathrobe belt right after you saved him. I am so sorry, but he's dead.'

Edna replied, 'He didn't hang himself, I put him there to dry... How soon can I go home?'

Happy Mental Health Day!

Mind bender

1. What is the missing word?
PARSON (AGE) LESS
SUN () LIGHT

2. What is the missing letter?
NEWS TOP
HUM PAPER
KEY PET
BUS BUG
CAR HOLE

3. Find the missing number

1	3	3	2
0	1	4	3
3	1	1	0
2	0	1	?
6	5	9	6

3. 1 (The first four digit in each column add to give the bottom digit)

2. The words pair thus: NEWSPAPER, HUMBUG, KEYHOLE, BUS (S) TOP, CARPET

1. Sun (day) Light

(Answers)

Poem

The Five Fingers

1. Your thumb is nearest you. So begin your prayers by praying for those closest to you. They are the easiest to remember. To pray for our loved ones is, as C. S. Lewis once said, a "sweet duty."

2. The next finger is the pointing finger. Pray for those who teach, instruct and heal. This includes teachers, doctors, and ministers. They need support and wisdom in pointing others in the right direction. Keep them in your prayers.

3. The next finger is the tallest finger. It reminds us of our leaders. Pray for the president, leaders in business and industry, and administrators. These people shape our nation and guide public opinion. They need God's guidance.

4. The fourth finger is our ring finger. Surprising to many is the fact that this is our weakest finger, as any piano teacher will testify. It should remind us to pray for those who are weak, in trouble or in pain. They need your prayers day and night. You cannot pray too much for them.

5. And lastly comes our little finger - the smallest finger of all which is where we should place ourselves in relation to God and others. As the Bible says, "The least shall be the greatest among you." Your pinkie should remind you to pray for yourself. By the time you have prayed for the other four groups, your own needs will be put into proper perspective and you will be able to pray for yourself more effectively.